

PHYSIO DAY

JOURNÉES DE PHYSIOLOGIE
EN CARDIOLOGIE INTERVENTIONNELLE

FFR pourquoi faire ?

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5 & 6 AVRIL 2024

HÔTEL SHERATON · NICE



Pas de conflit d'intérêt





- Pourquoi faire de la FFR
- Pourquoi ne pas faire de FFR
- Ça sert à quoi la FFR
- Sur quelles lésions faire la FFR ?



Environ 18 000 000 résultats (0,33 secondes)



Lown Institute Hospital Index
https://lownhospitalsindex.org › a... · Traduire cette page

Avoiding Overuse: Coronary Stents

31 oct. 2023 — Medicare wasted as much as **\$2.44 billion** on unnecessary stents from 2019-2021. Rates of overuse varied widely: at some hospitals, more than 50 ...



Autres questions

How many heart stents is too many?



What is the record for most coronary stents?



Are heart stents overused?



What happens to heart stents over time?



Commentaires



USA Today
https://www.usatoday.com › news › health › 2023/10/31

Coronary stent overuse on Medicare patients ... - USA Today

31 oct. 2023 — A widely-cited study in 2007 showed that using stents, medication and lifestyle changes didn't reduce deaths, heart attacks or hospitalizations ...



healthcare-in-europe.com
https://healthcare-in-europe.com › ... · Traduire cette page

Too many coronary stent procedures

2 sept. 2014 — Too many coronary stent procedures · In **uncomplicated stable angina cases** no evidence suggests that angioplasty reduces heart attacks or death ...



ORIGINAL ARTICLE

Low Diagnostic Yield of Elective Coronary Angiography

Manesh R. Patel, M.D., Eric D. Peterson, M.D., M.P.H., David Dai, M.S., J. Matthew Brennan, M.D., Rita F. Redberg, M.D., H. Vernon Anderson, M.D., Ralph G. Brindis, M.D., and Pamela S. Douglas, M.D.

NONINVASIVE TESTING

Noninvasive testing (resting electrocardiography, echocardiography, computed tomography [CT], or a stress test) was performed in 83.9% of the patients before invasive angiography. A positive test result was recorded in the case of 68.6% of all the patients in the cohort. A noninvasive test was not performed before angiography in 17.1% of low-risk patients, 15.9% of intermediate-risk patients, and 15.0% of high-risk patients ($P < 0.001$).



Stenting Bashing

COURAGE 2007

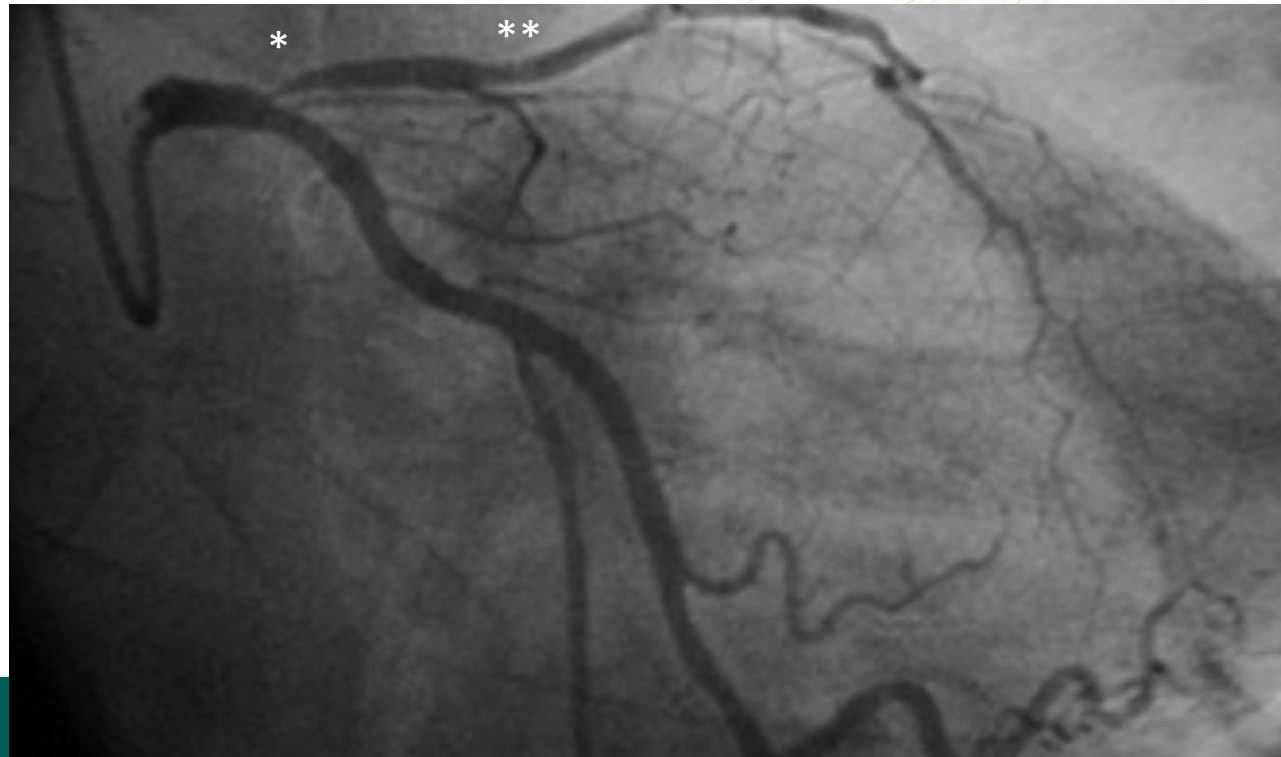
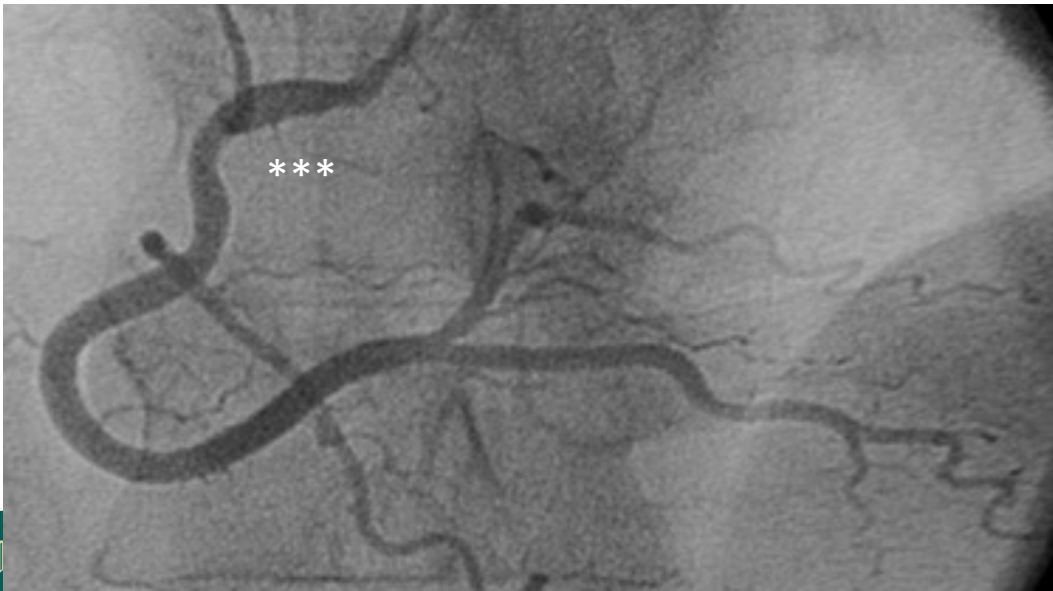
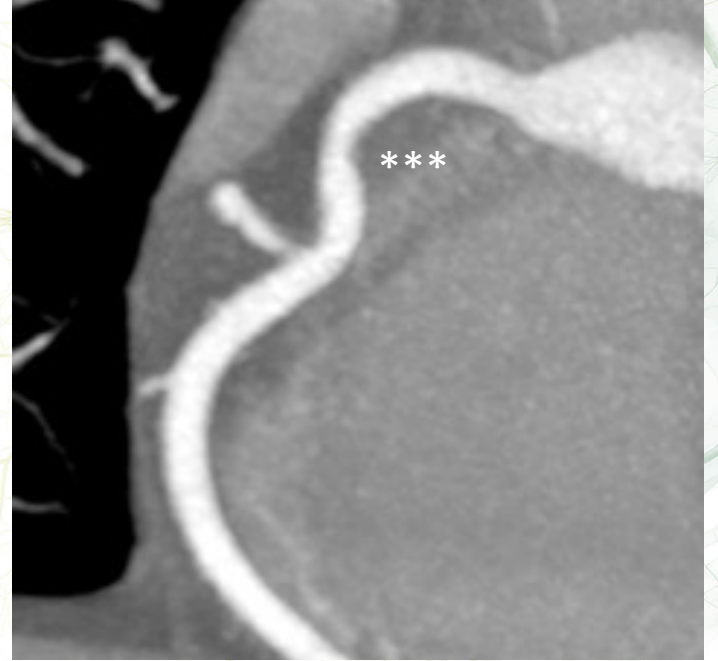
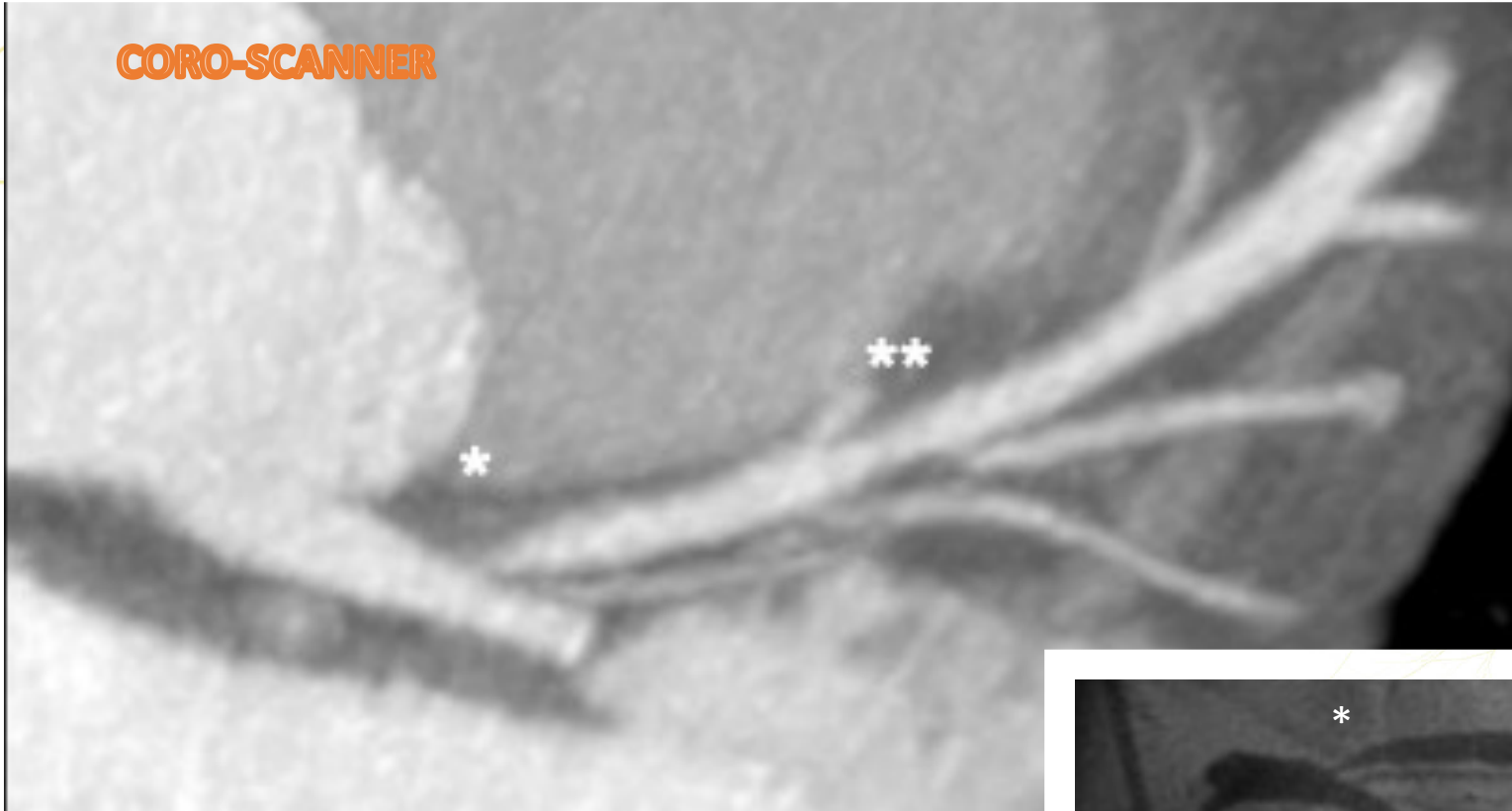
ORBITA 2017

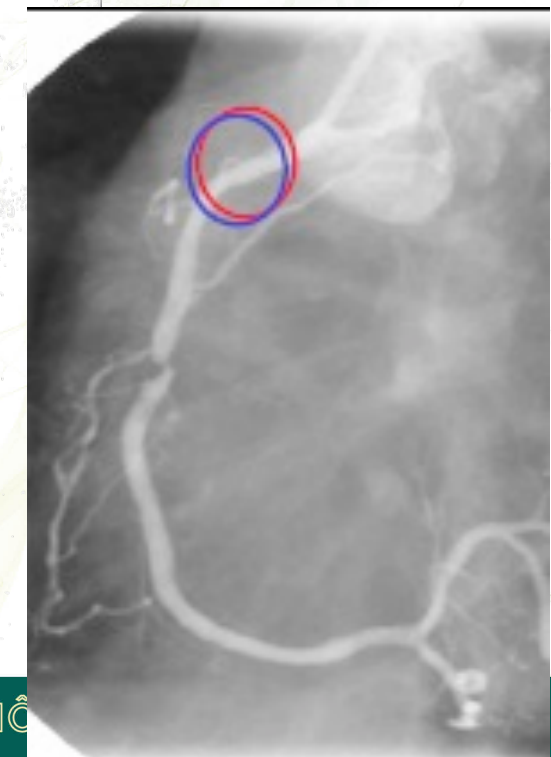
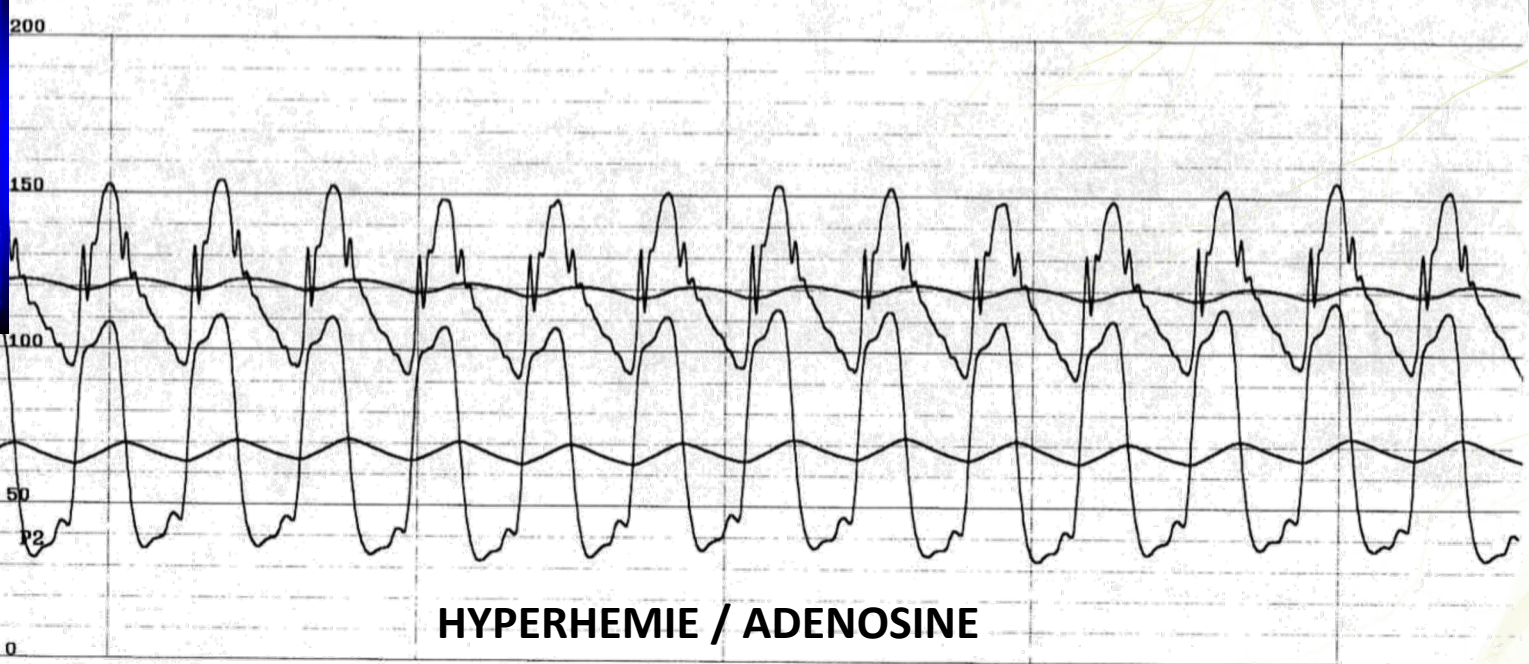
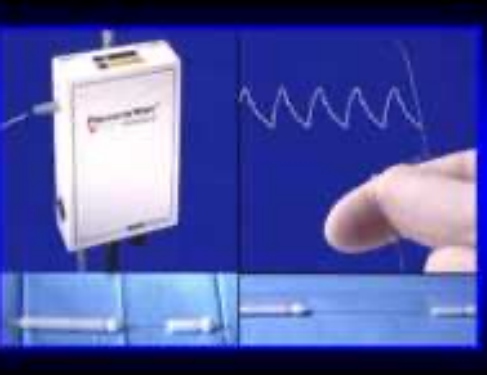
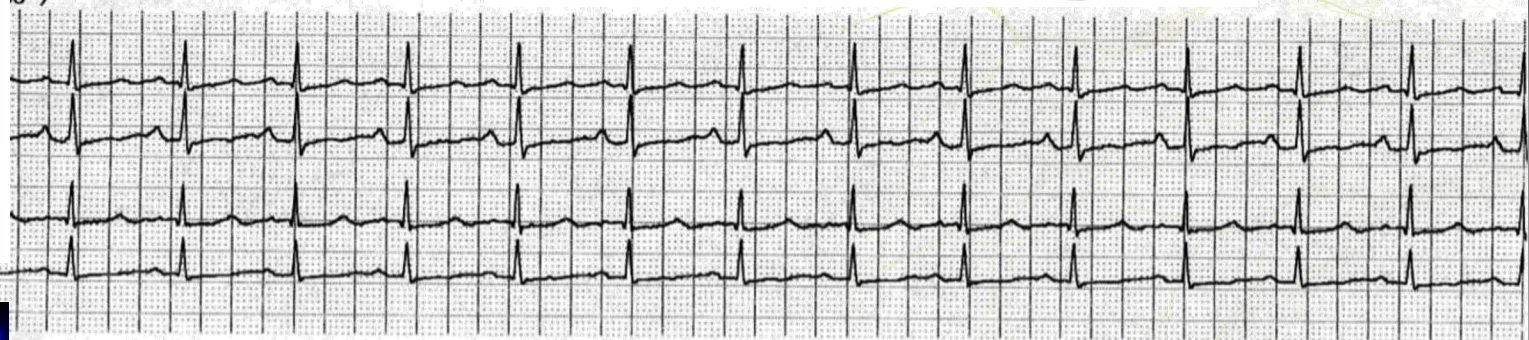
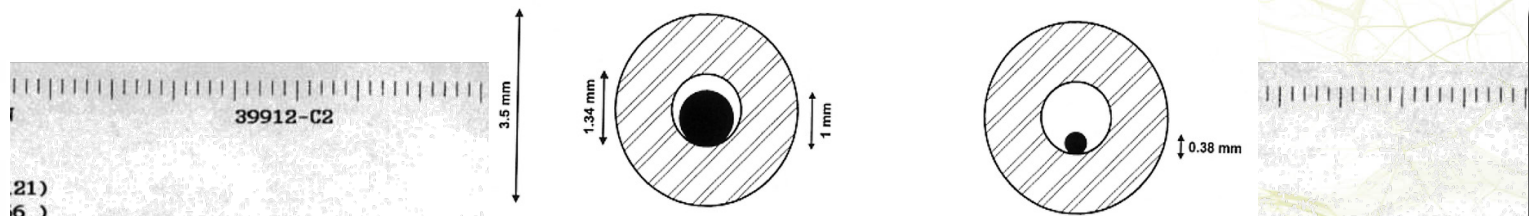
ISCHEMIA 2019

REVIVED 2022



FFR



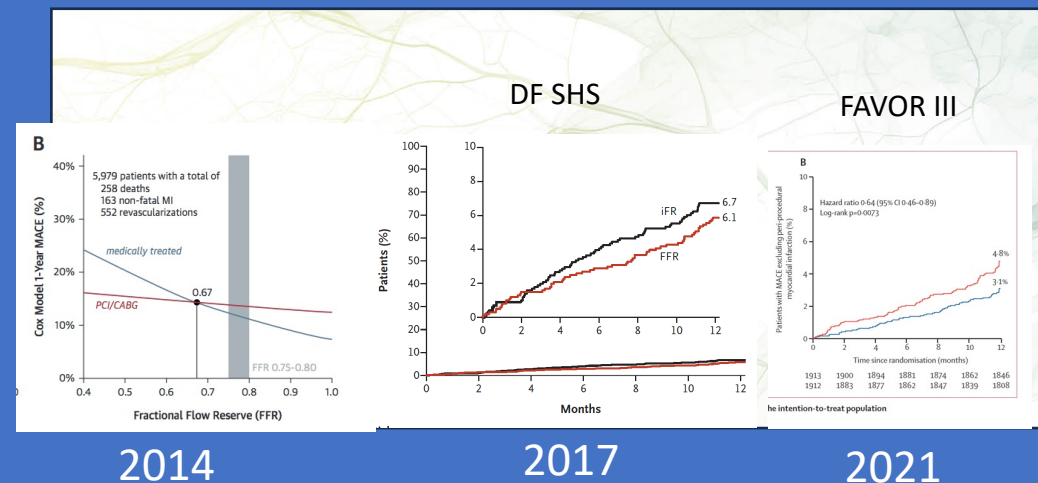
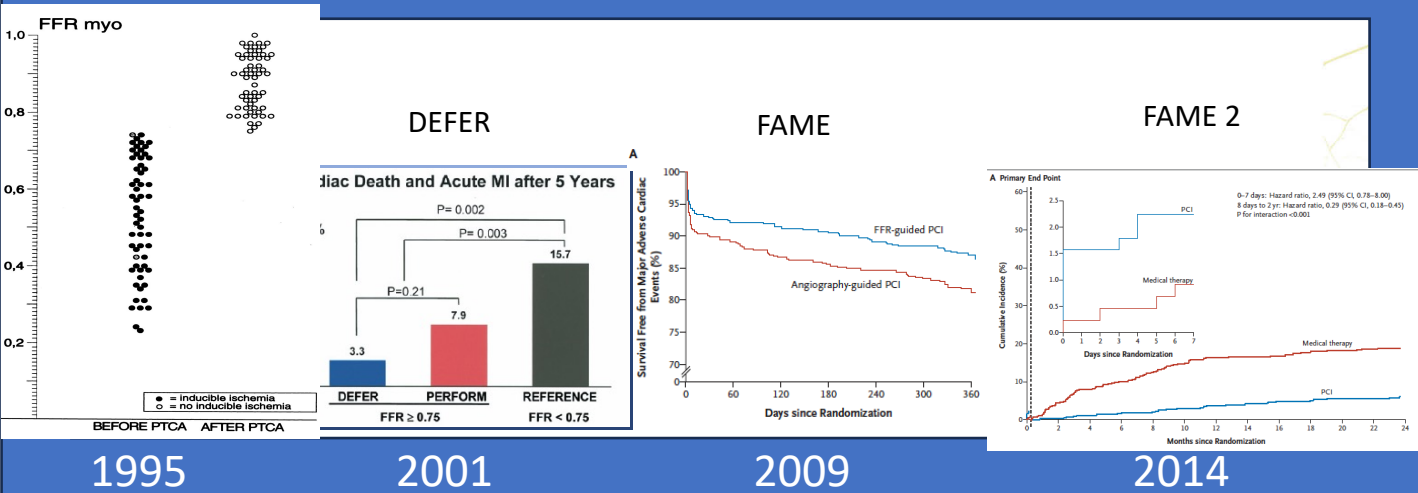


FFR = 0,30

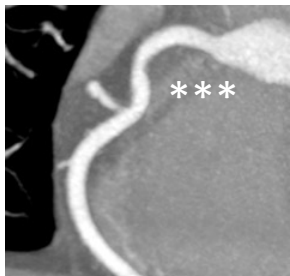


EVALUATION LESIONNELLE

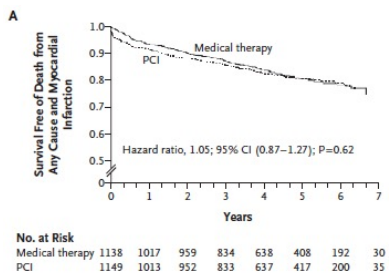
PRONOSTIC



2000-2010

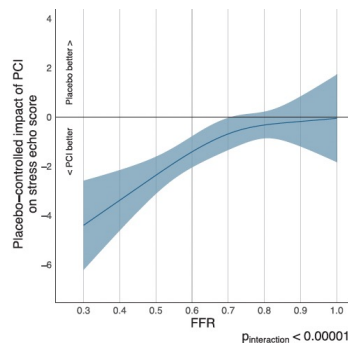


2007



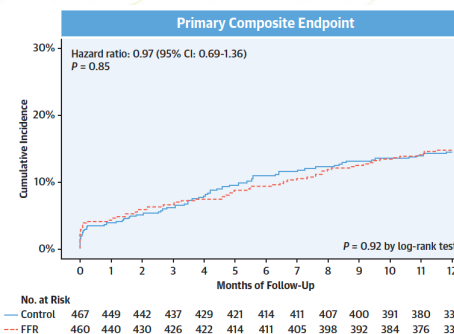
2000-2010

2018



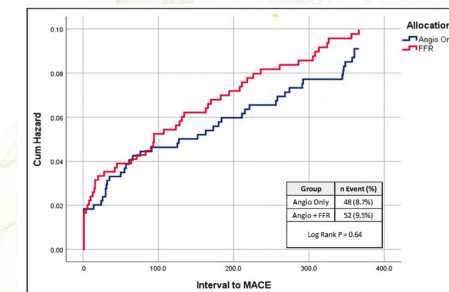
ORBITA

2021



FUTURE

2022



RIPCORD 2

Figure 3. Event curves showing the time to the first MACE from randomization. Angio indicates angiography; Cum-Hazard, cumulative hazard; FFR, fractional flow reserve; and MACE, major adverse cardiovascular event.

Recommendations for risk assessment

Risk stratification is recommended based on clinical assessment and the result of the diagnostic test initially employed to make a diagnosis of CAD.

I
B

Resting echocardiography is recommended to quantify LV function in all patients with suspected CAD.

I
C

Risk stratification, preferably using stress imaging or coronary CTA (if local expertise and availability permit), or alternatively exercise stress ECG (if significant exercise can be performed and the ECG is amenable to the identification of ischaemic changes), is recommended in patients with suspected or newly diagnosed CAD.

I
B

In symptomatic patients with a high-risk clinical profile, ICA complemented by invasive physiological guidance (FFR) is recommended for cardiovascular risk stratification, particularly if the symptoms are inadequately responding to medical treatment and revascularization is considered for improvement of prognosis.

I
A

In patients with mild or no symptoms, ICA complemented by invasive physiological guidance (FFR/iwFR) is recommended for patients undergoing medical treatment in whom non-invasive risk stratification indicates a high event risk and revascularization is considered for the improvement of prognosis.

I
A

Symptomatic patients

Reassessment of CAD status is recommended in patients with deteriorating LV systolic function that cannot be attributed to a reversible cause (e.g. long-standing tachycardia or myocarditis).

I
C

Risk stratification is recommended for patients with new or worsening symptom levels, preferably using stress imaging or, alternatively, exercise stress ECG.

I
B

It is recommended that patients with significant worsening of symptoms be expeditiously referred for evaluation.

I
C

ICA (with FFR/iwFR when necessary) is recommended for risk stratification in patients with severe CAD, particularly if the symptoms are refractory to medical treatment or if they have a high-risk clinical profile.

I
C



Recommendations on functional testing and intravascular imaging for lesion assessment

Recommendations	Class ^a	Level ^b
When evidence of ischaemia is not available, FFR or iwFR are recommended to assess the haemodynamic relevance of intermediate-grade stenosis. ^{15,17,18,39}	I	A
FFR-guided PCI should be considered in patients with multivessel disease undergoing PCI. ^{29,31}	IIa	B
IVUS should be considered to assess the severity of unprotected left main lesions. ³⁵⁻³⁷	IIa	B

© ESC 2018

2018 ESC SCC Guidelines

Recommendations for the Use of Coronary Physiology to Guide Revascularization With PCI

Referenced studies that support the recommendations are summarized in Online Data Supplement 5.

COR	LOE	Recommendations
1	A	1. In patients with angina or an anginal equivalent, undocumented ischemia, and angiographically intermediate stenoses, the use of fractional flow reserve (FFR) or instantaneous wave-free ratio (iFR) is recommended to guide the decision to proceed with PCI. ¹⁻⁶
3: No benefit	B-R	2. In stable patients with angiographically intermediate stenoses and FFR >0.80 or iFR >0.89, PCI should not be performed. ⁷⁻¹⁰

2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization

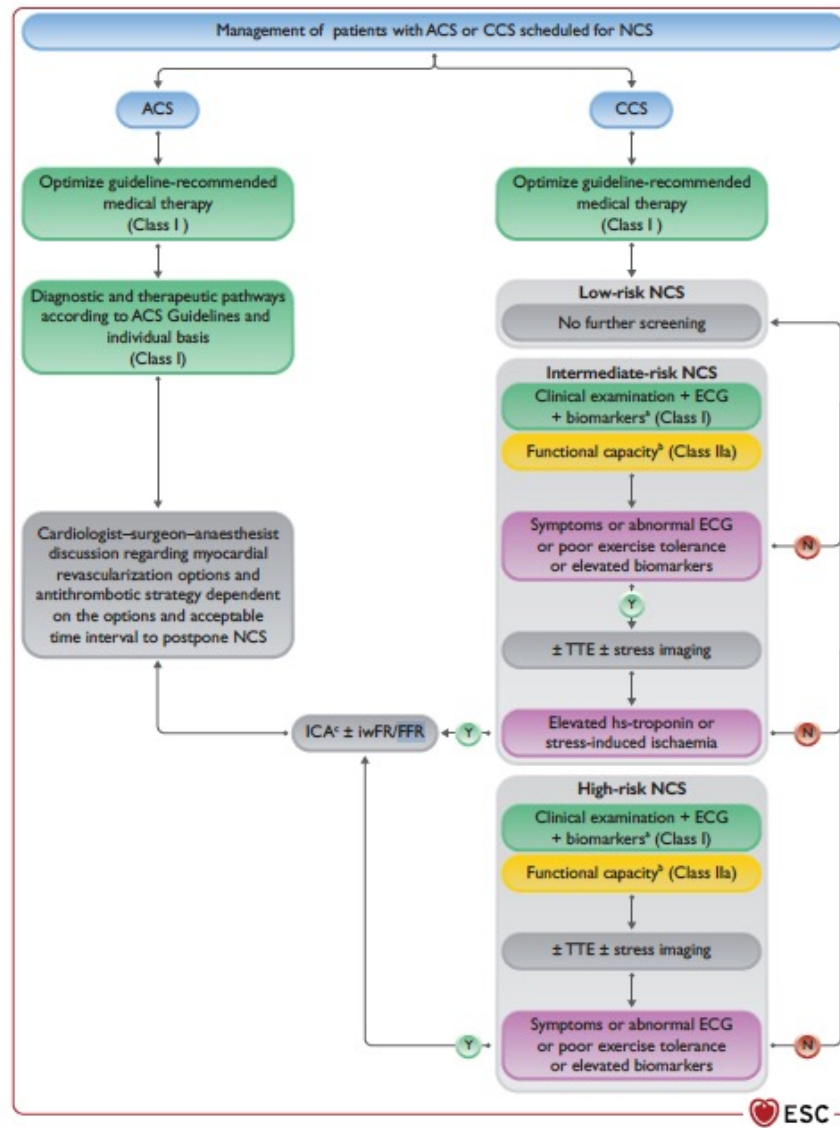
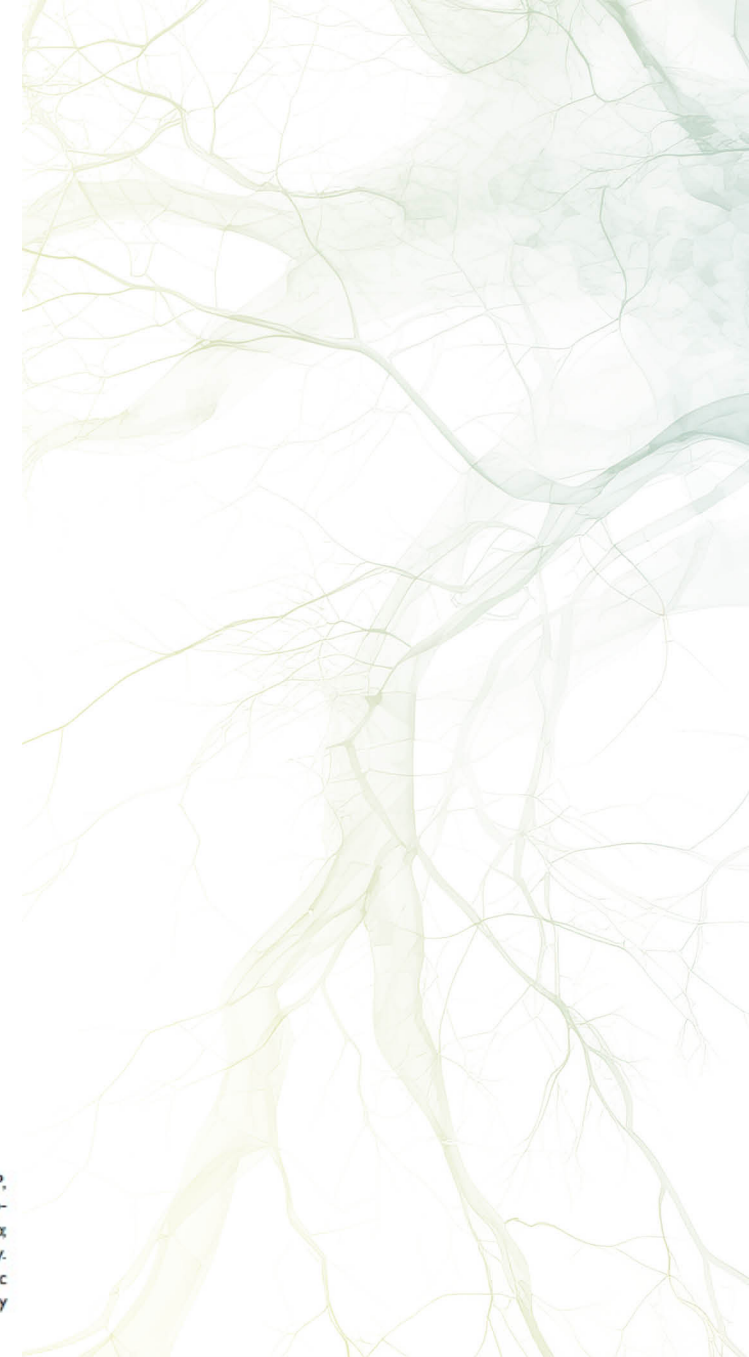
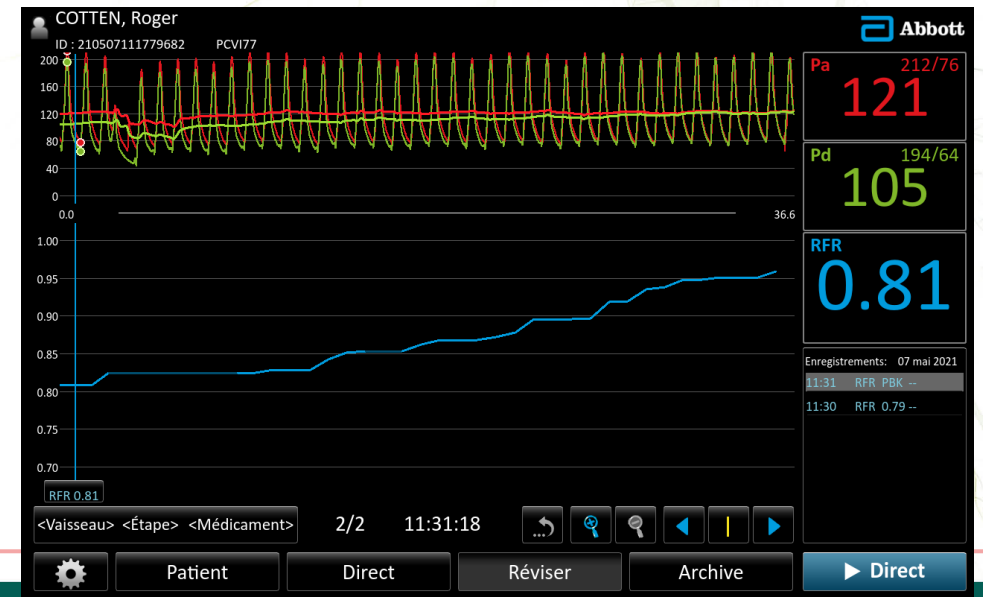
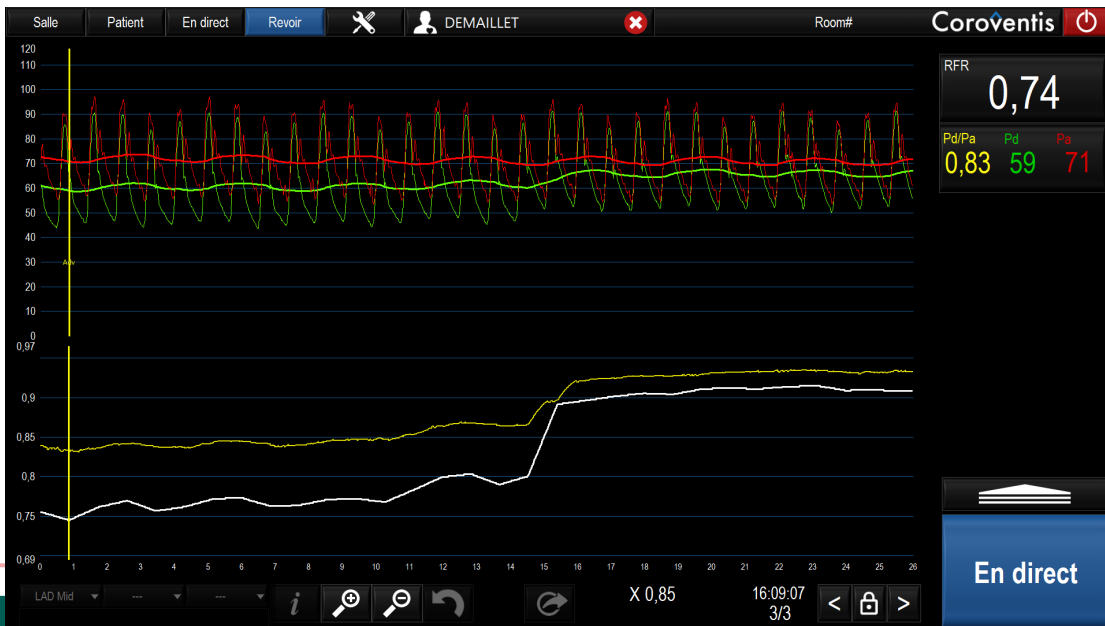
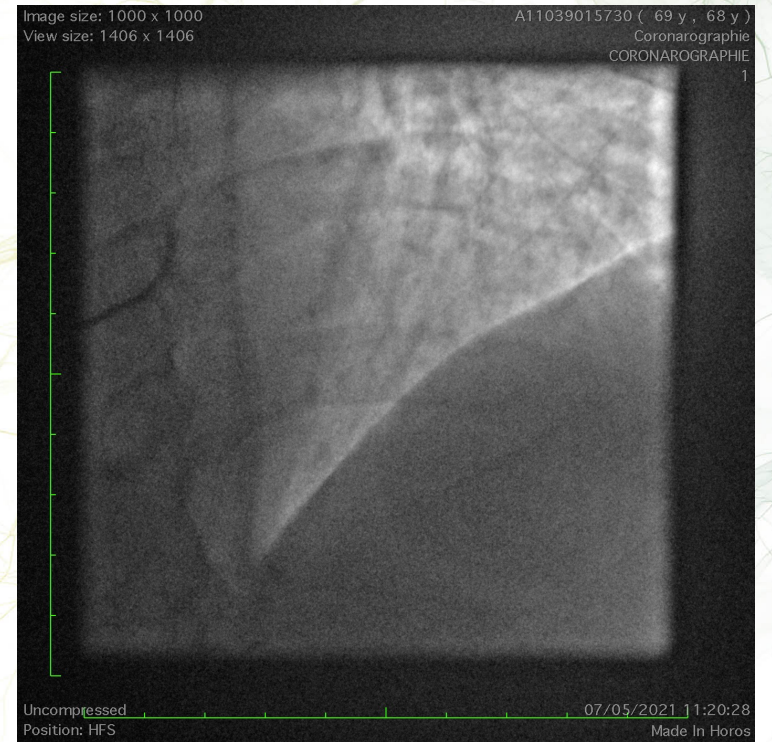


Figure 12 Management of patients with acute or chronic coronary syndrome scheduled for non-cardiac surgery. ACS, acute coronary syndrome; BNP, B-type natriuretic peptide; CABG, coronary artery bypass graft; CAD, coronary artery disease; CCS, chronic coronary syndrome; ECG, electrocardiogram; FFR, fractional flow reserve; hs-cTn, high-sensitivity cardiac troponin; ICA, invasive coronary angiography; iwFR, instantaneous wave-free ratio; N, no; NCS, non-cardiac surgery; NT-proBNP, N-terminal proBNP; PCI, percutaneous coronary intervention; TTE, transthoracic echocardiography. Y, yes; The figure provides a schematic representation of diagnostic tools and therapy to be implemented according to surgical risk and underlying cardiac condition. *Biomarkers: hs-cTn T/I (Class I) ± BNP/NT-proBNP (Class IIa). †Functional capacity based on Duke Activity Status Index (DASI) or the ability to climb two flights of stairs. ‡ICA ± PCI/CABG on a case-by-case basis according to the Heart Team.





PULL BACK

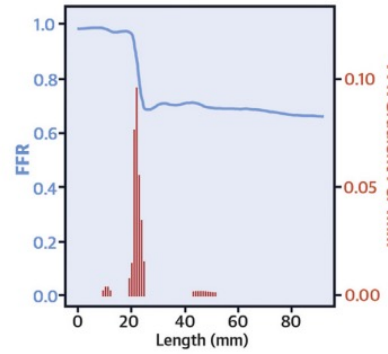
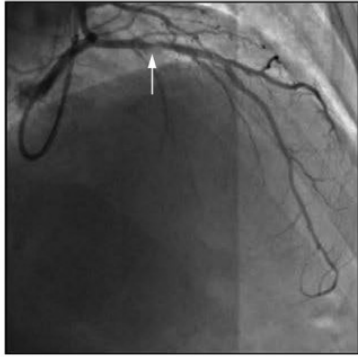


5 & 6 AVRIL 2024

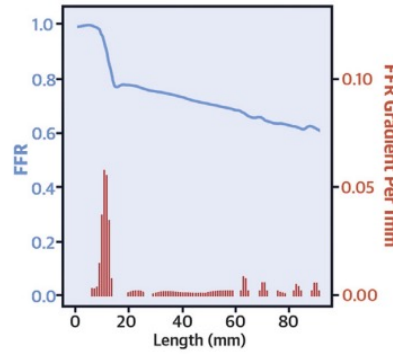
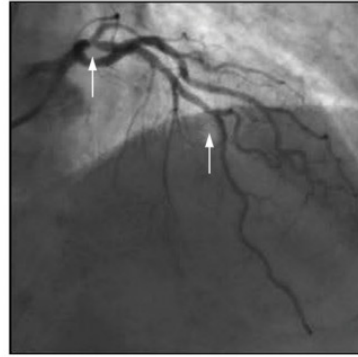
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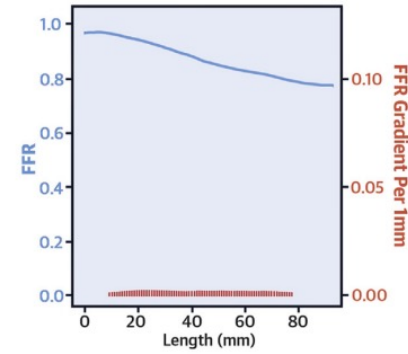
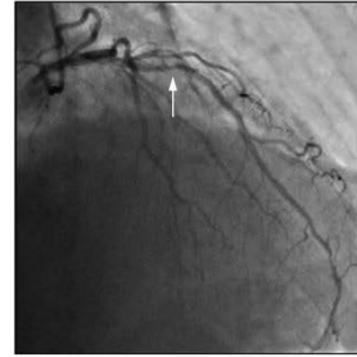
Focal CAD



Combined CAD



Diffuse CAD



Pullback Pressure Gradients Index

$$\left\{ \frac{\text{MaxPPG}_{20\text{mm}}}{\Delta\text{FFR}_{\text{vessel}}} + (1 - \text{Length with Functional Disease (mm)/Total Vessel Length (mm)}) \right\} / 2$$

$$\frac{\text{MaxPPG}_{20\text{mm}}}{\Delta\text{FFR}_{\text{vessel}}} = \frac{0.300}{0.325} = 0.923$$

$$\text{Length CAD} = \frac{20}{100} = 0.200$$

$$\text{PPG Index} = \frac{0.923 + (1 - 0.20)}{2} = 0.86$$

$$\frac{\text{MaxPPG}_{20\text{mm}}}{\Delta\text{FFR}_{\text{vessel}}} = \frac{0.236}{0.387} = 0.610$$

$$\text{Length CAD} = \frac{65}{92} = 0.707$$

$$\text{PPG Index} = \frac{0.610 + (1 - 0.707)}{2} = 0.45$$

$$\frac{\text{MaxPPG}_{20\text{mm}}}{\Delta\text{FFR}_{\text{vessel}}} = \frac{0.056}{0.193} = 0.290$$

$$\text{Length CAD} = \frac{74}{101} = 0.733$$

$$\text{PPG Index} = \frac{0.290 + (1 - 0.733)}{2} = 0.28$$

Collet, C. et al. J Am Coll Cardiol. 2019;74(14):1772-84.





Global FFR Risk

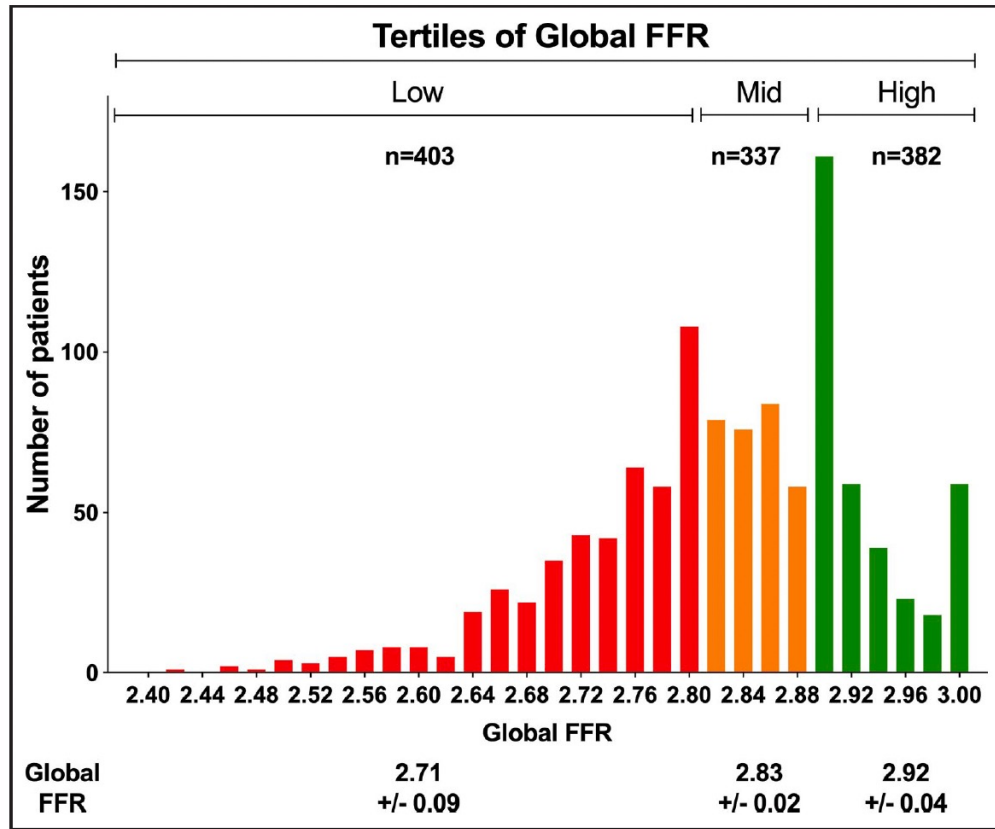
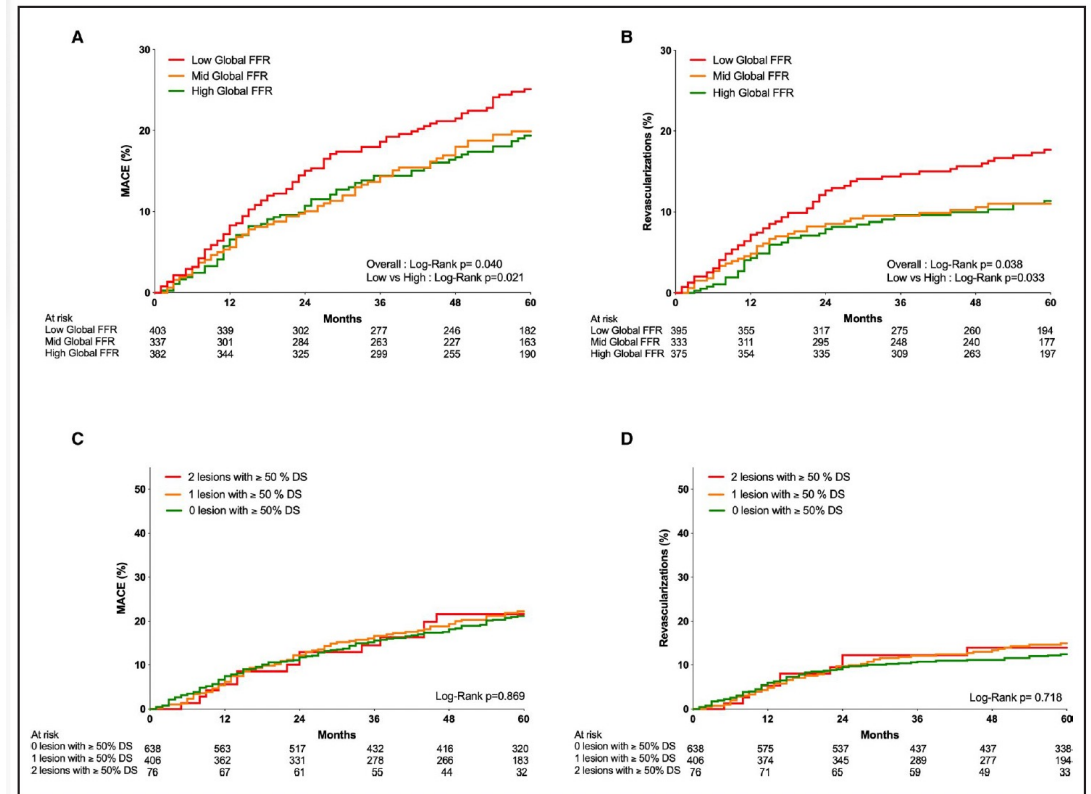
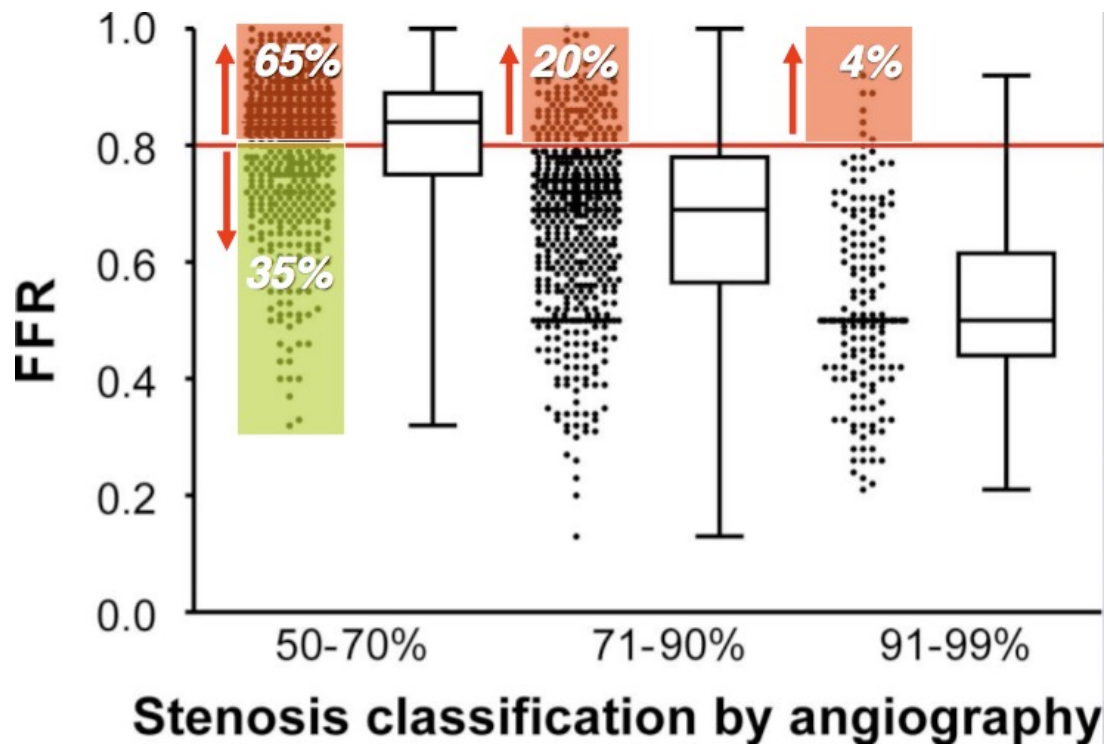


Figure 1. Frequency distribution of global fractional flow reserve (FFR) with classification into 3 tertiles.

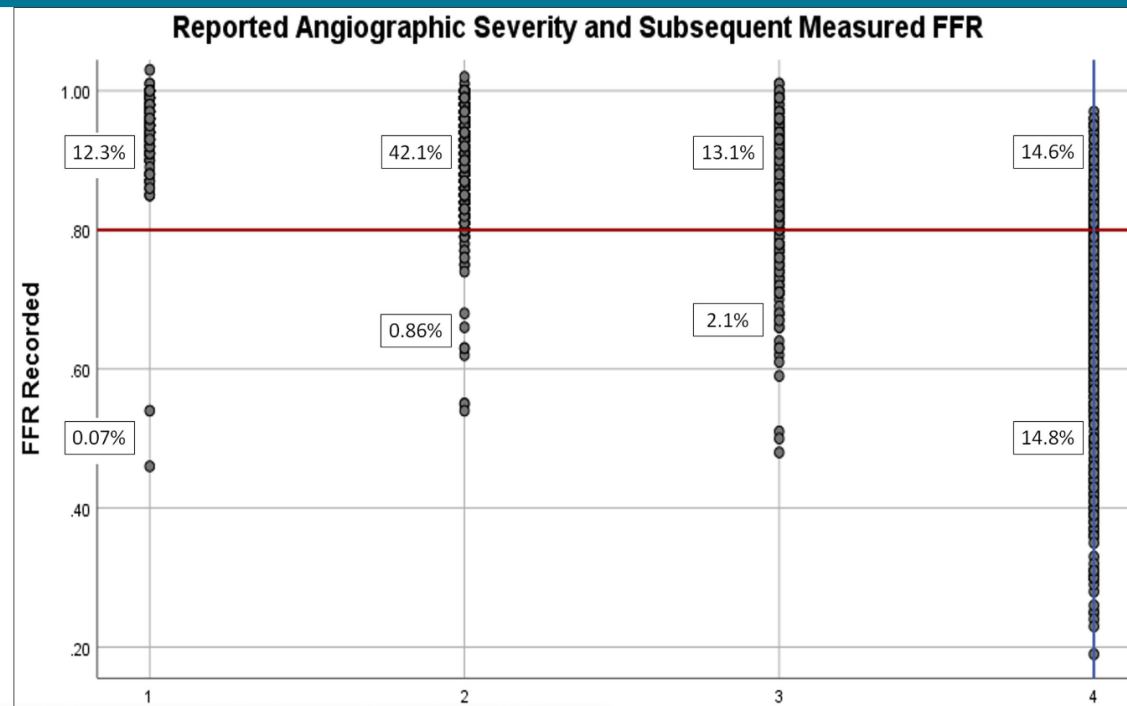


J Am Heart Assoc. 2020;9:e017729. DOI: 10.1161



TONINO, JACC Vol. 55, No. 25, 2010

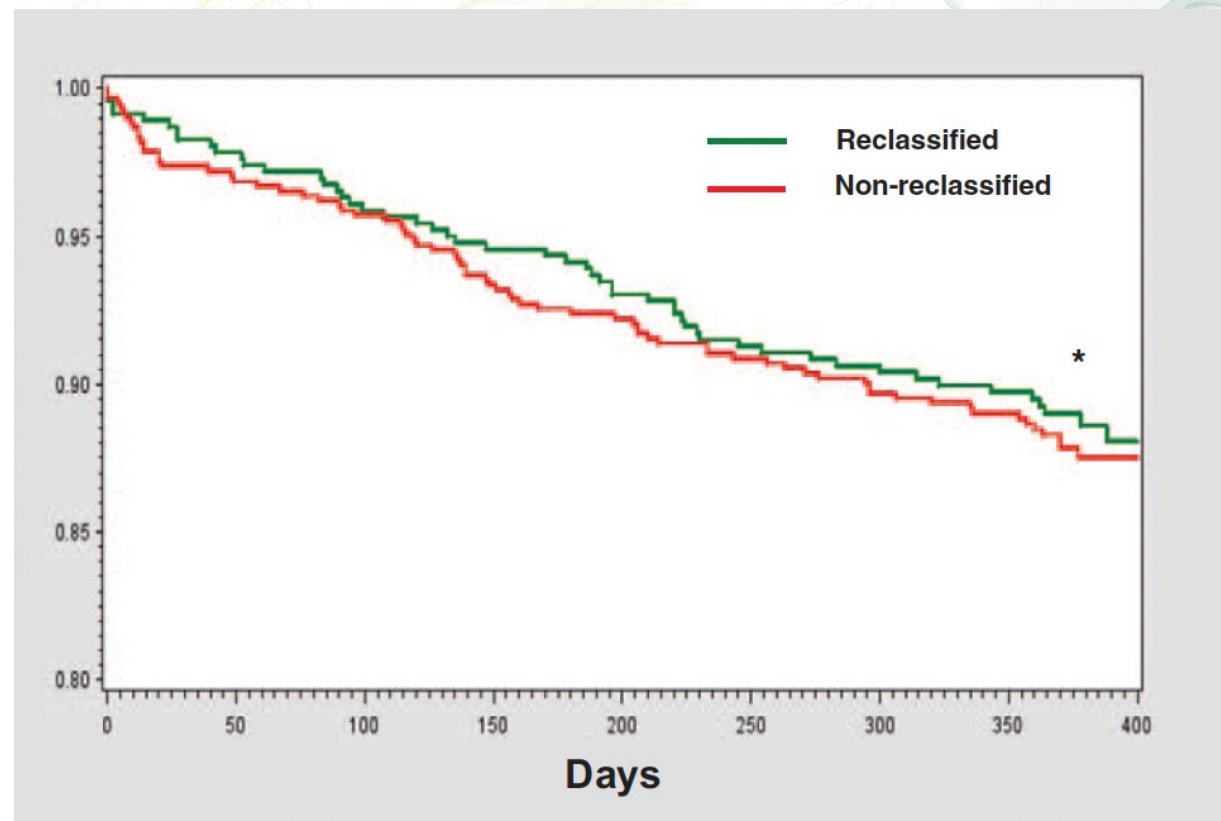
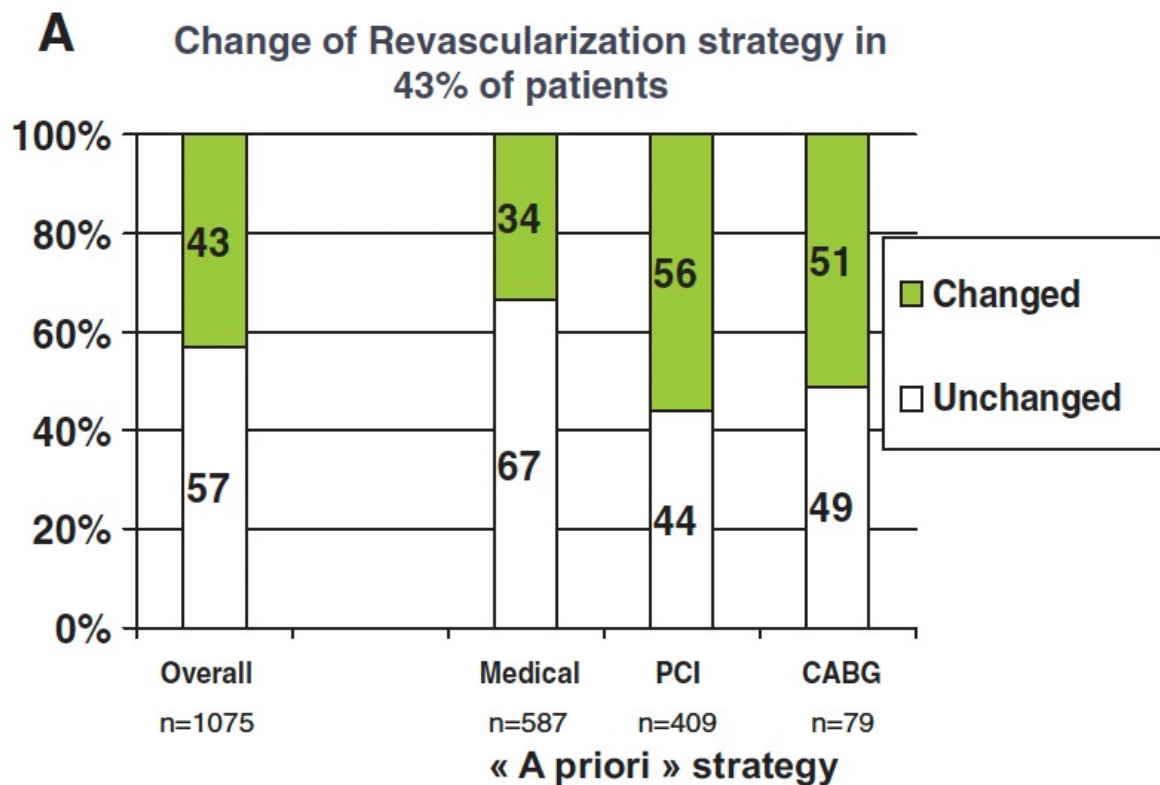
Figure 2. Relationship between individual vessel assessment by visual angiographic appearance (estimated diameter stenosis percent) and FFR for each lesion. FFR indicates fractional flow reserve.





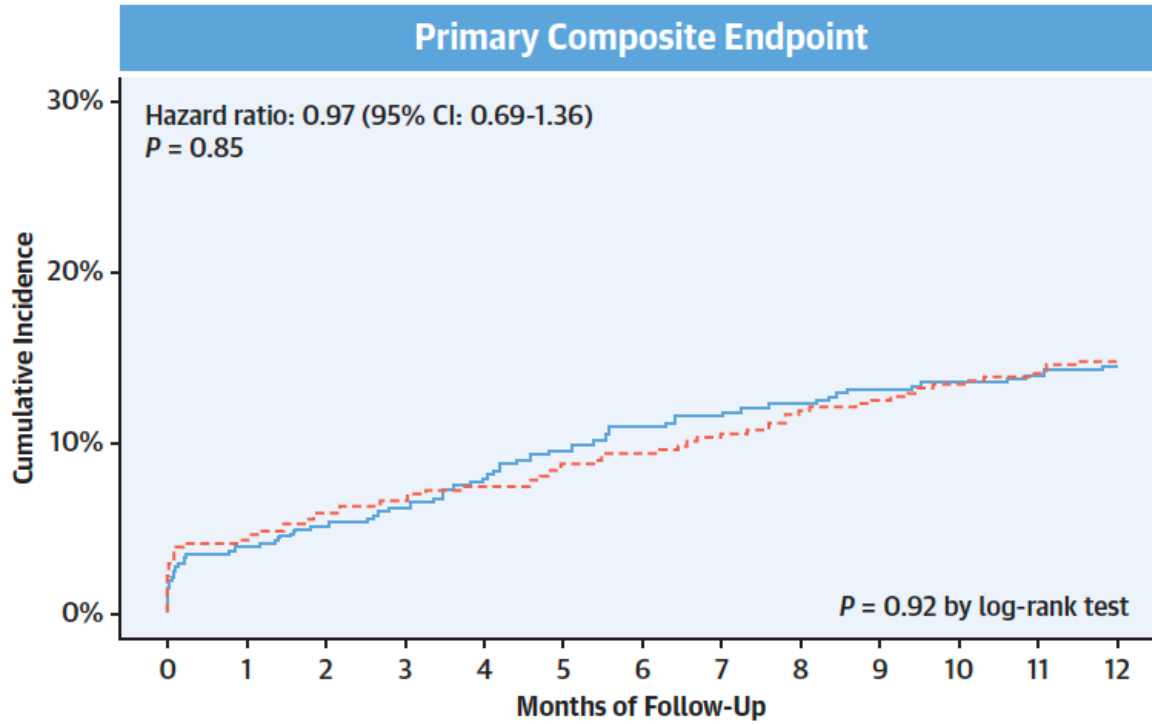
RECLASSIFICATION

Circulation. 2014;129:173-185





Etude FUTURE



No. at Risk	0	1	2	3	4	5	6	7	8	9	10	11	12
— Control	467	449	442	437	429	421	414	411	407	400	391	380	332
- - - FFR	460	440	430	426	422	414	411	405	398	392	384	376	332

Multivessel CAD Patients at Angiography

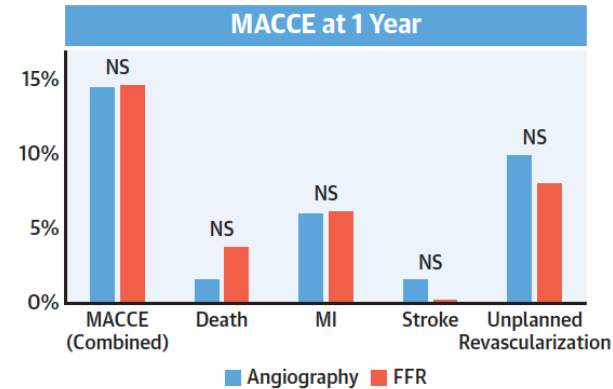
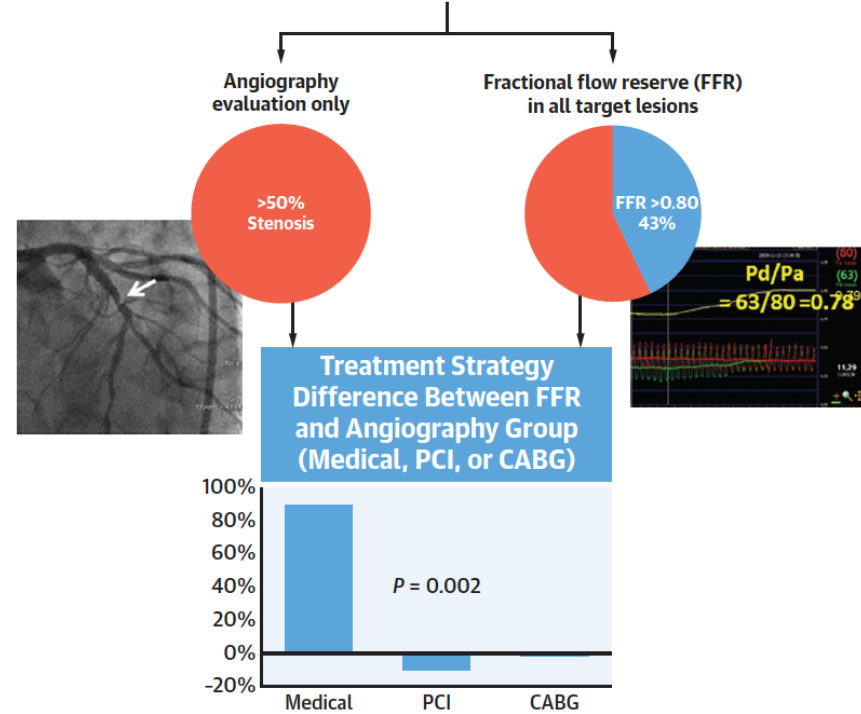
3 stenosis >50% per patient

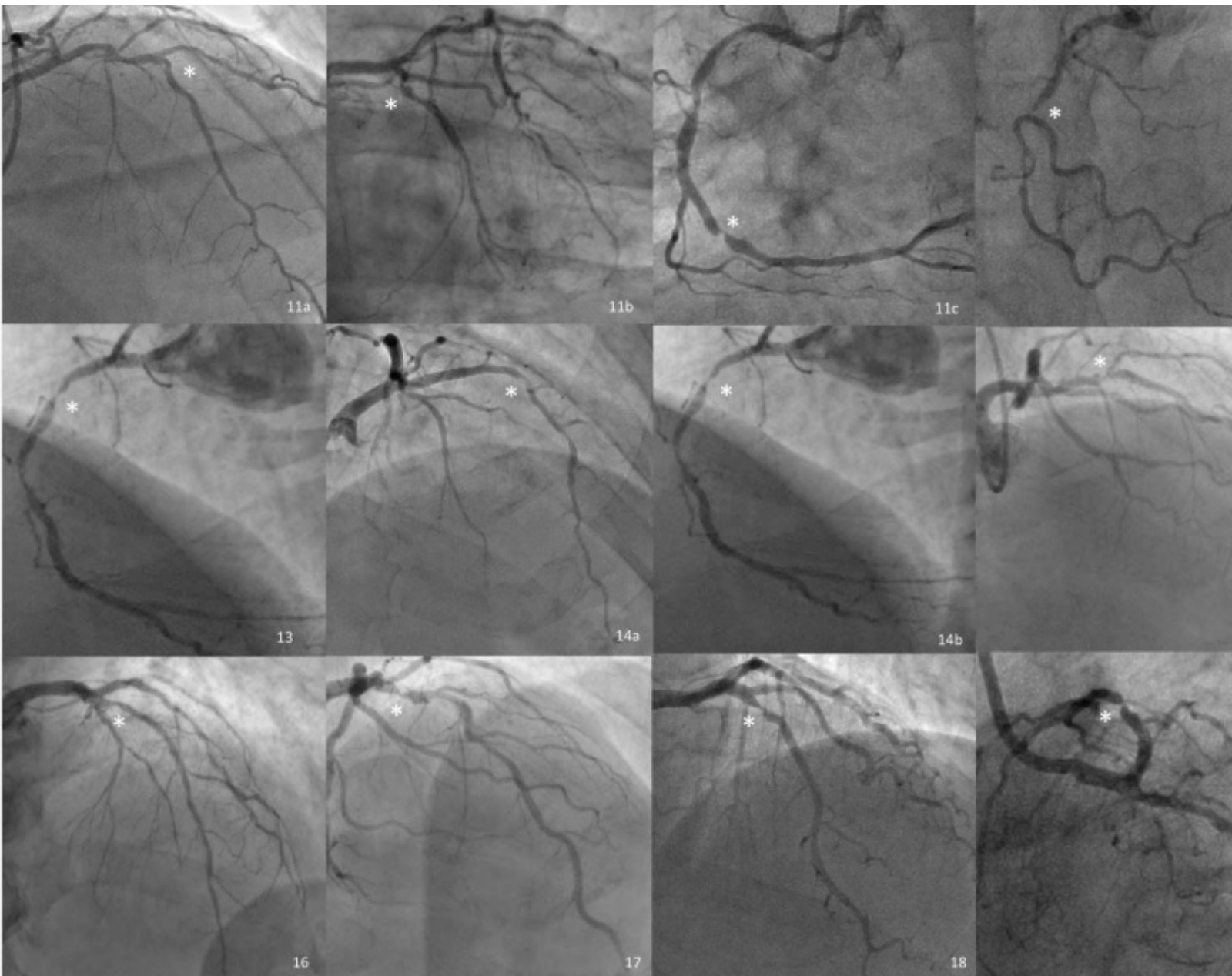
N = 941

1/2 3-vessel disease

1/10 Left main

1/3 Diabetes





Nbre de lésions/Vx évalués

	Lésions/Vx	MonoTronc
Defer lesion	1,1	100%
FAME	2,7 Vx	
FAME 2	1,87 Lésions	60%
DefineFlair	1,5 Lésions	60%
Swedeheart	1,5 Lésions	44%
FUTURE	1,4/3Lésion	2% (98% triT)
RIPCARD 2	2-5/pts	40% 30% 0 lésions
FlowerMi	1,7 Lésions	70%
Favor III China	1,4 Vx	45%
R3F	1,3 Lésions	38%



RIPCORDER 2

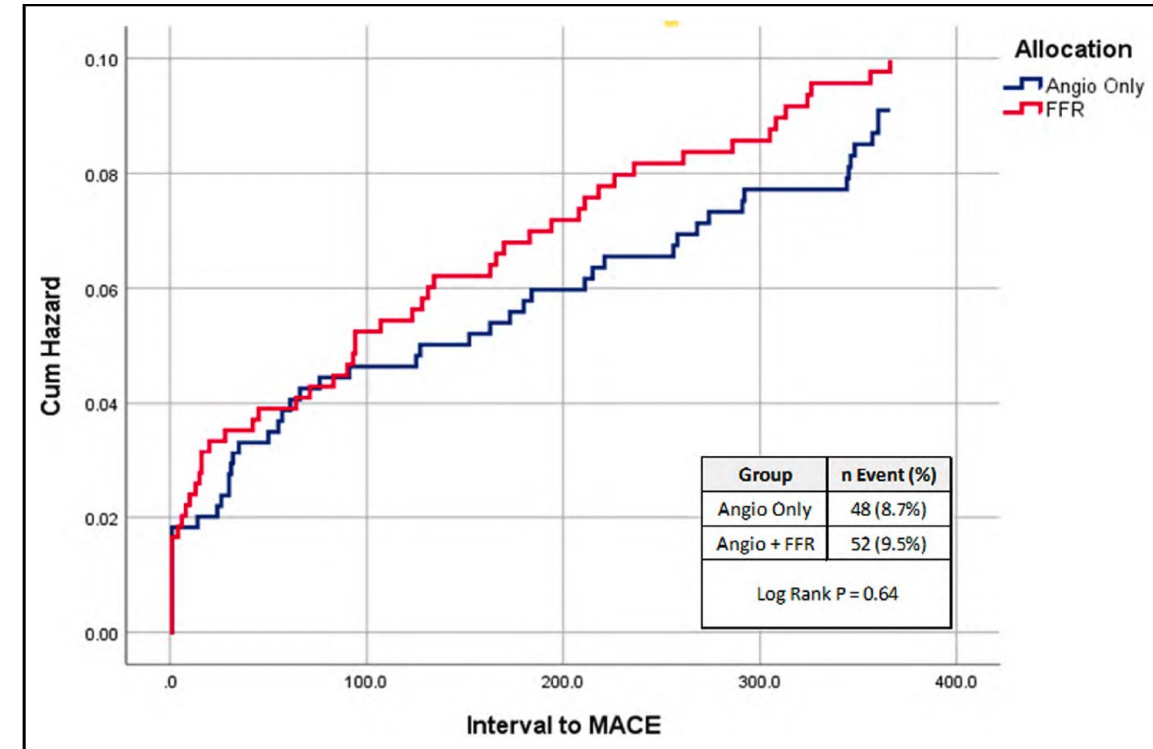
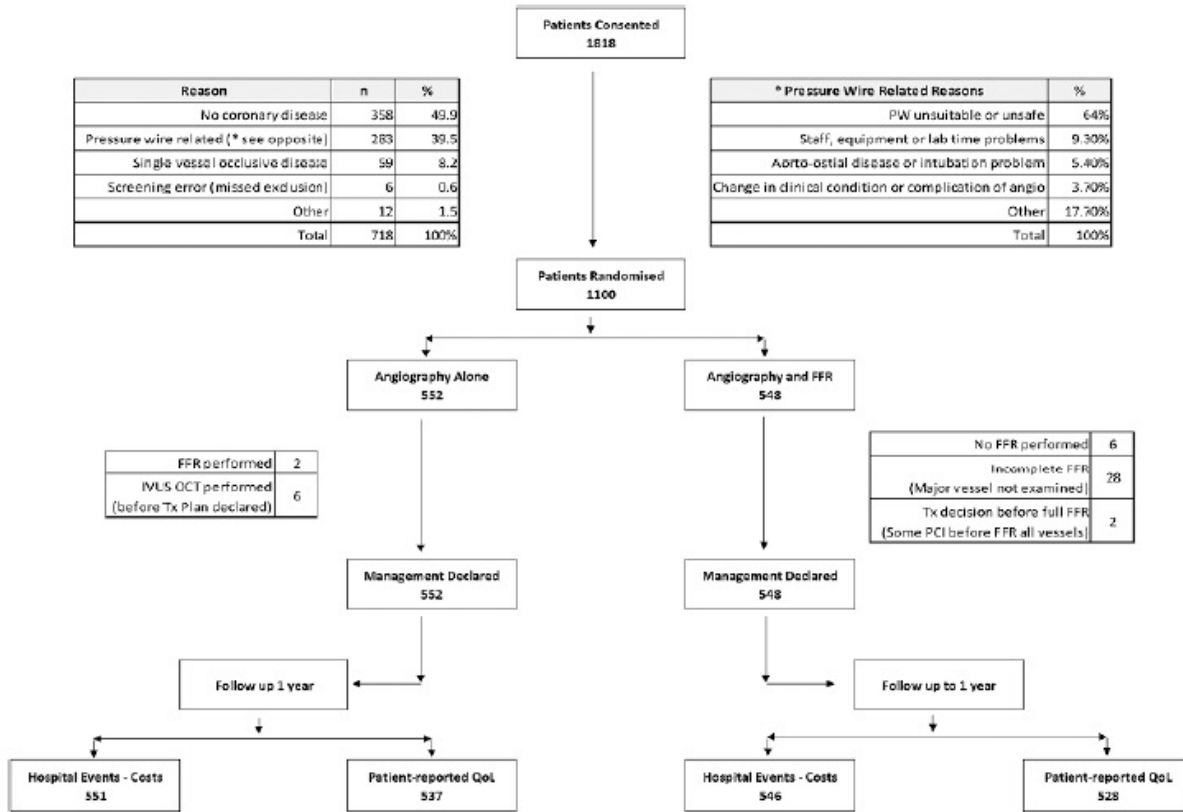


Figure 3. Event curves showing the time to the first MACE from randomization. Angio indicates angiography; Cum Hazard, cumulative hazard; FFR, fractional flow reserve; and MACE, major adverse cardiovascular event.

Circulation. 2022;146:687–698. DOI: 10.1161/CIRCULATIONAHA

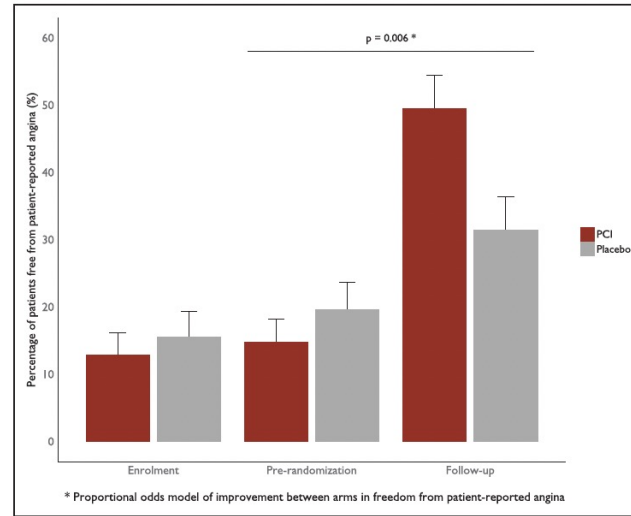


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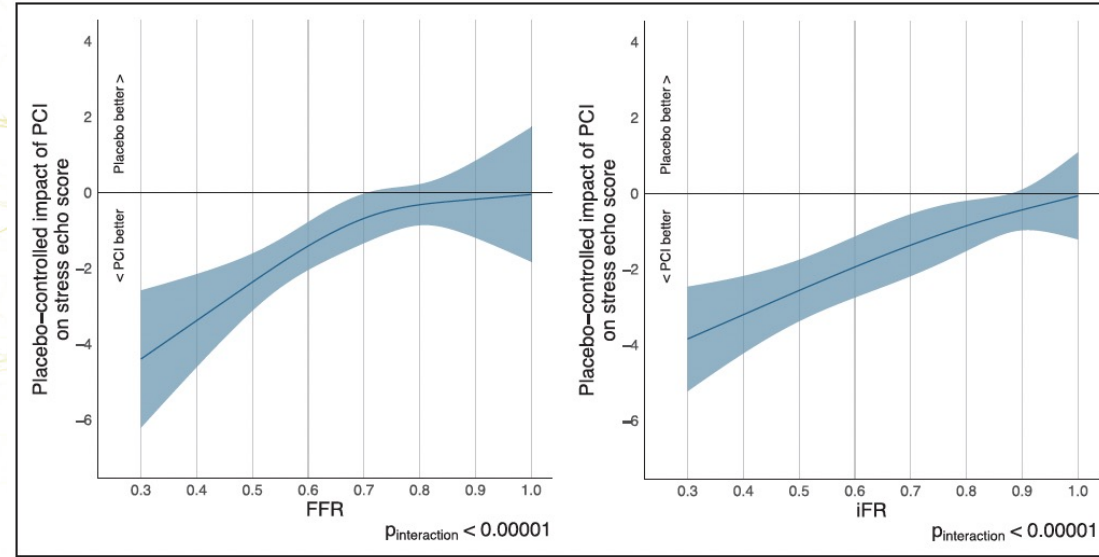
Table 2. Procedural Demographics

	Percutaneous Coronary Intervention (n=103)	Placebo (n=93)	Complete Group (n=196)
Vessel			
Left anterior descending	72 (69.9)	65 (70.0)	137 (69.9)
Ostial/proximal	46 (44.7)	30 (32.3)	76 (38.8)
Mid	33 (32.0)	38 (40.9)	71 (36.2)
Distal	4 (3.9)	8 (8.6)	12 (6.1)
Right coronary	16 (15.5)	15 (16.1)	31 (15.8)
Circumflex	9 (8.7)	9 (9.7)	18 (9.1)
First obtuse marginal	3 (2.9)	–	3 (1.5)
First diagonal	2 (1.9)	2 (2.2)	4 (2.0)
Intermediate	1 (1.0)	2 (2.1)	3 (1.5)
Serial lesions	17 (16.5)	12 (12.9)	29 (14.8)
No. of patients with diameter stenosis $\geq 50\%$ by quantitative coronary angiography	87 (84.4)	79 (85.0)	166 (84.7)
Diameter stenosis by quantitative coronary angiography	64.1 \pm 13.7	63.7 \pm 13.6	63.9 \pm 13.6
Area stenosis by quantitative coronary angiography	84.4 \pm 10.1	84.0 \pm 10.2	84.2 \pm 10.1
FFR Median (IQR)	0.69 \pm 0.16 0.72 (0.25)	0.69 \pm 0.16 0.73 (0.21) (n=91)	0.69 \pm 0.16 0.72 (0.24) (n=194)
iFR Median (IQR)	0.76 \pm 0.22 0.85 (0.24)	0.76 \pm 0.21 0.85 (0.21)	0.76 \pm 0.22 0.83 (0.22)
No. of patients with FFR ≤ 0.80	76 (73.8)	69 (75.8) (n=91)	145 (74.7) (n=194)
No. of patients with iFR ≤ 0.89	68 (66.0)	68 (73.1)	136 (69.4)
Stent length, mm Median (IQR)	28.4 \pm 14.8 24 (15)	–	–
Stent diameter, mm Median (IQR)	3.07 \pm 0.46 3 (0.75)	–	–
FFR post-PCI (n=101) Median (IQR)	0.90 \pm 0.06 0.9 (0.06)	–	–
iFR post-PCI Median (IQR)	0.95 \pm 0.04 0.95 (0.05)	–	–
No. of patients with post-FFR >0.80	95 (94.1) (n=101)	–	–
No. of patients with post-iFR >0.89	98 (95.1) (n=103)	–	–

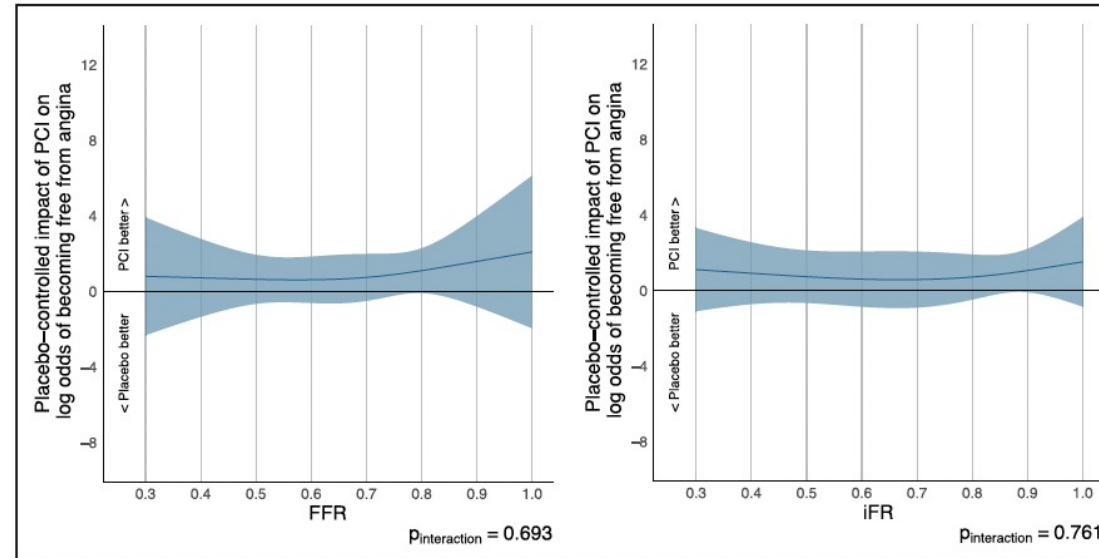
Values indicate n (%) or mean \pm SD.
FFR indicates fractional flow reserve; iFR, instantaneous wave-free ratio; and IQR, interquartile range.



Circulation. 2018;138:1780–1792.
DOI: 10.1161/CIRCULATIONAHA.118.033801



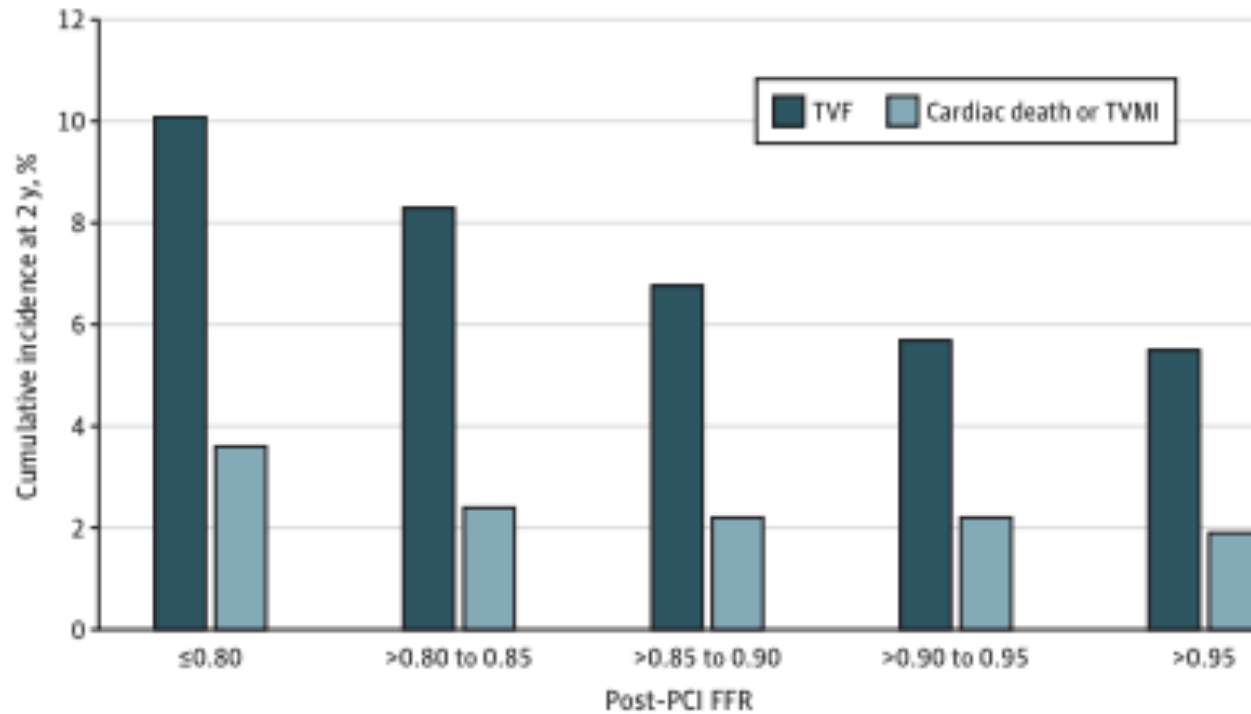
e 2. Relationship of treatment difference in stress echo score and prerandomization FFR and iFR by randomization arm.



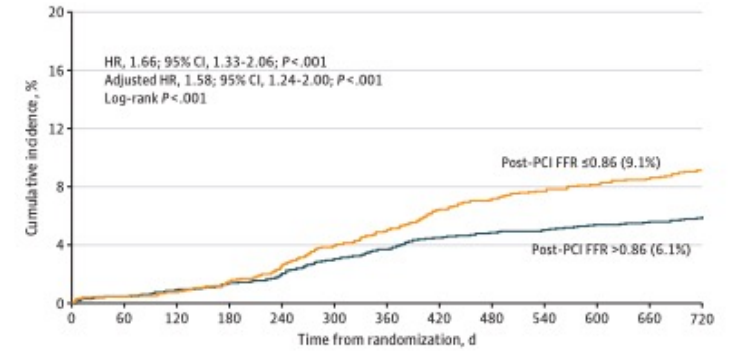
Relationship of treatment difference in patient-reported freedom from angina from Seattle Angina Questionnaire at follow-up and iFR by randomization arm.



Post PCI FFR



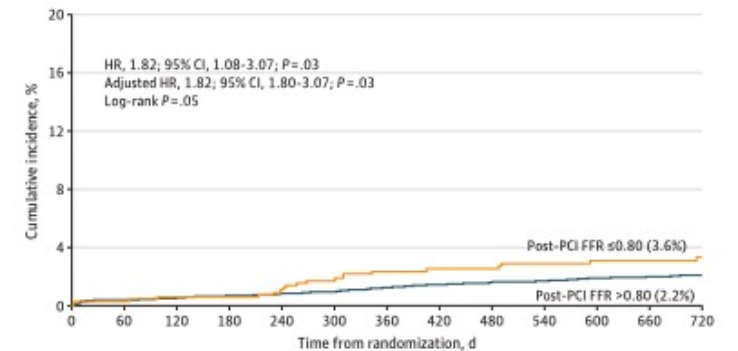
A TVF



No. at risk

Time (d)	0	60	120	180	240	300	360	420	480	540	600	660	720
Post-PCI FFR >0.86	3183	3159	3136	3114	3038	2946	2851	2703	2646	2601	2481	2417	2209
Post-PCI FFR ≤0.86	2021	2003	1990	1967	1894	1849	1776	1639	1603	1571	1522	1480	1313

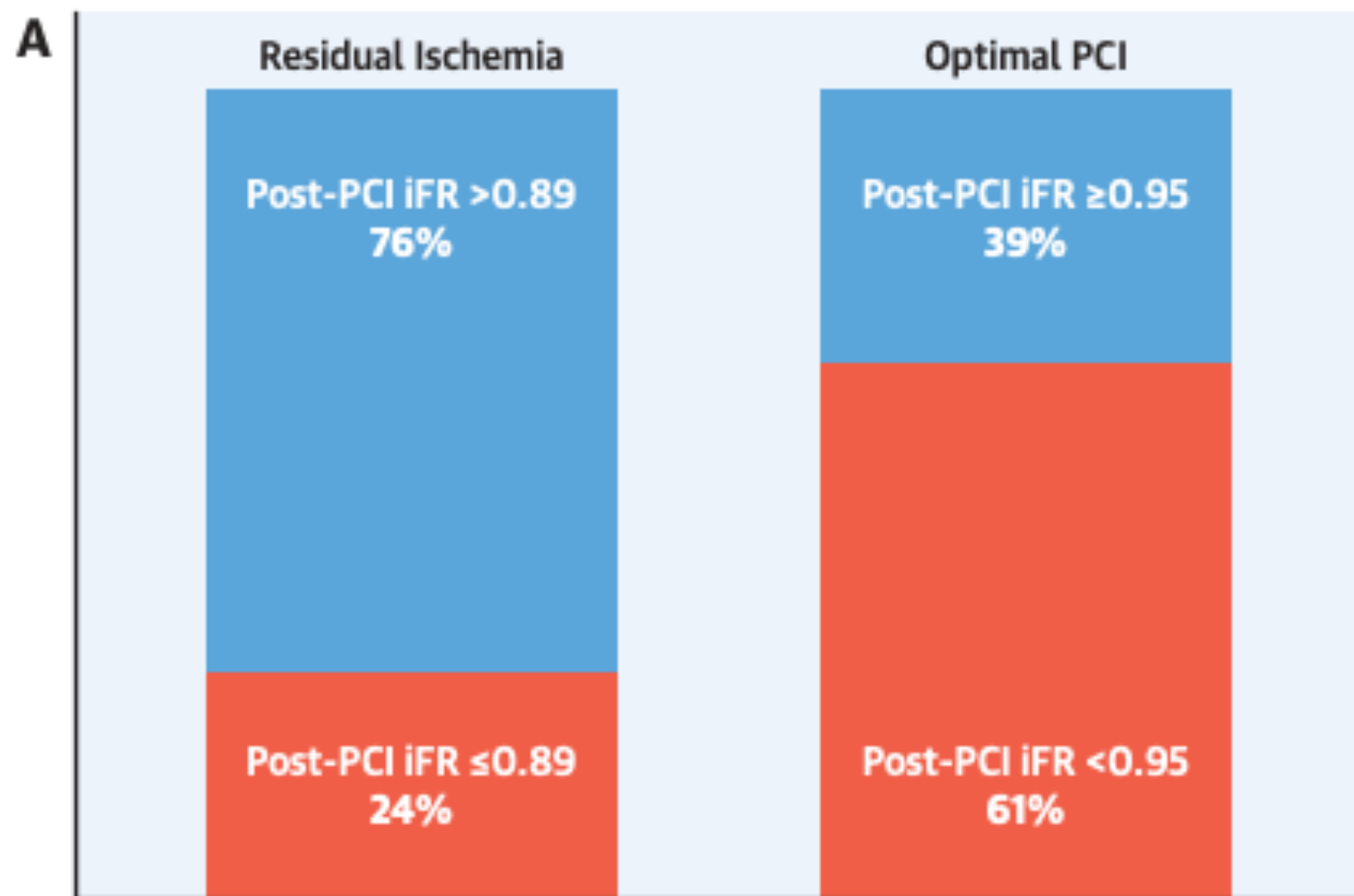
B Cardiac death or TVMI

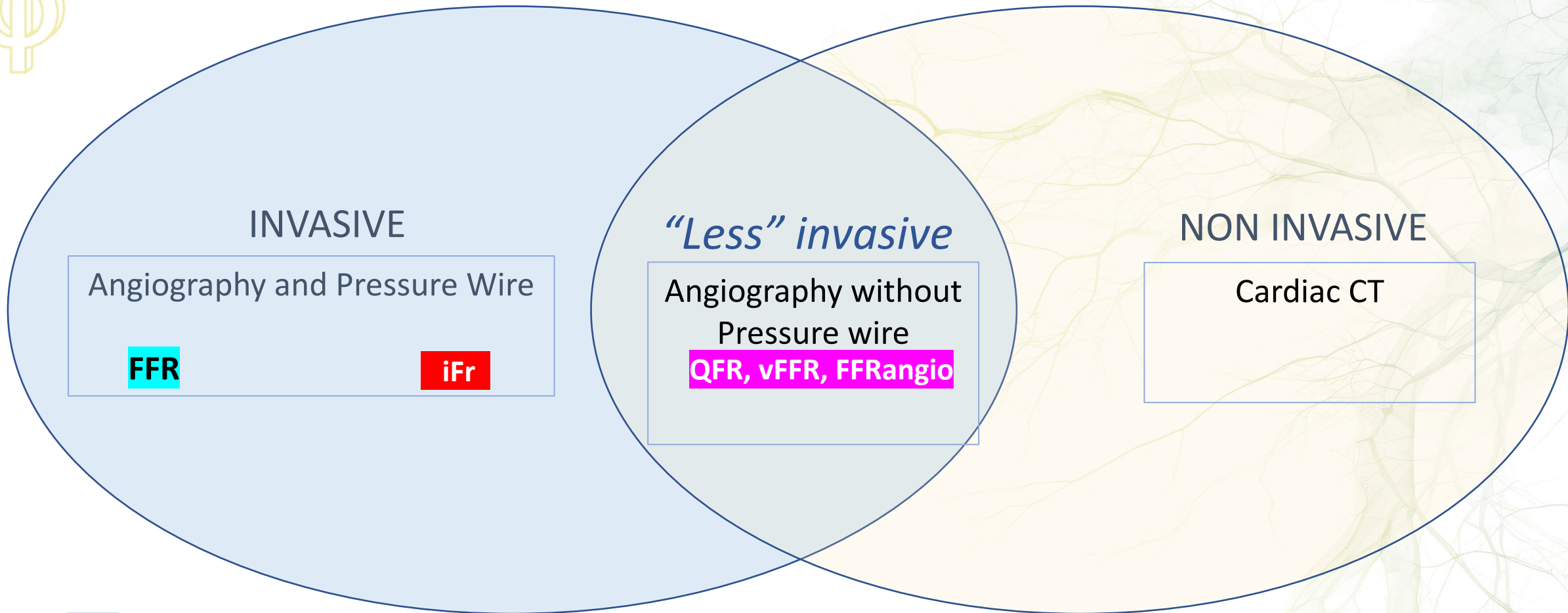





No. at risk

Time (d)	0	60	120	180	240	300	360	420	480	540	600	660	720
Post-PCI FFR >0.80	4535	4500	4481	4457	4350	4263	4139	3919	3837	3776	3620	3535	3207
Post-PCI FFR ≤0.80	669	663	656	652	631	620	594	553	549	535	518	499	445

JAMA Network Open. 2022;5(9):e2232842

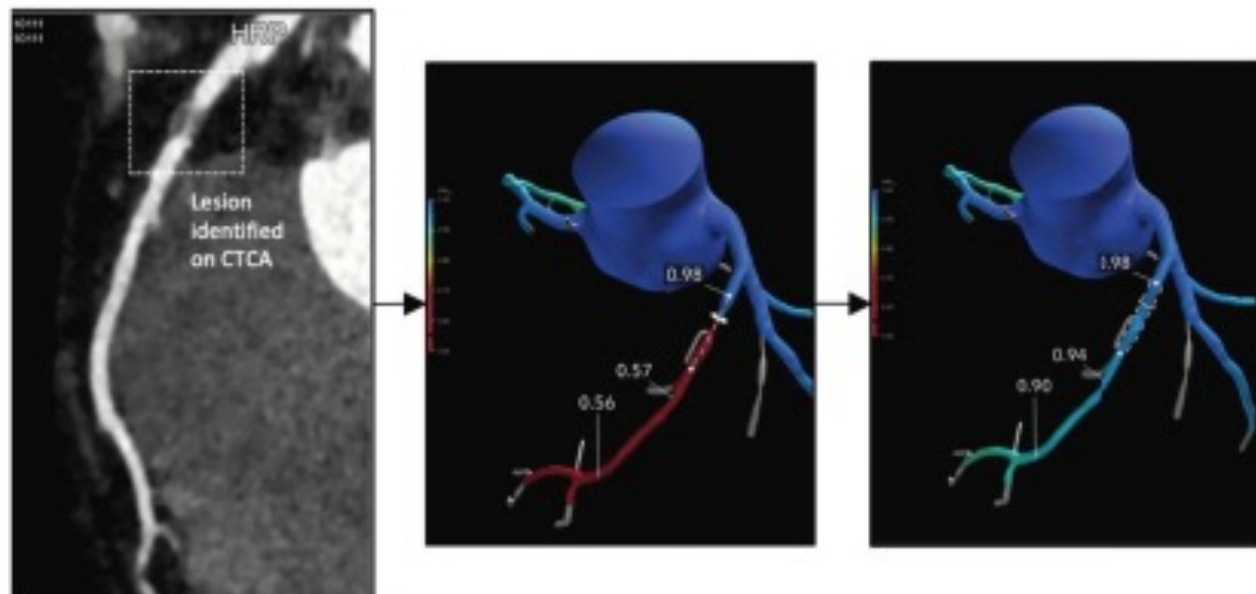
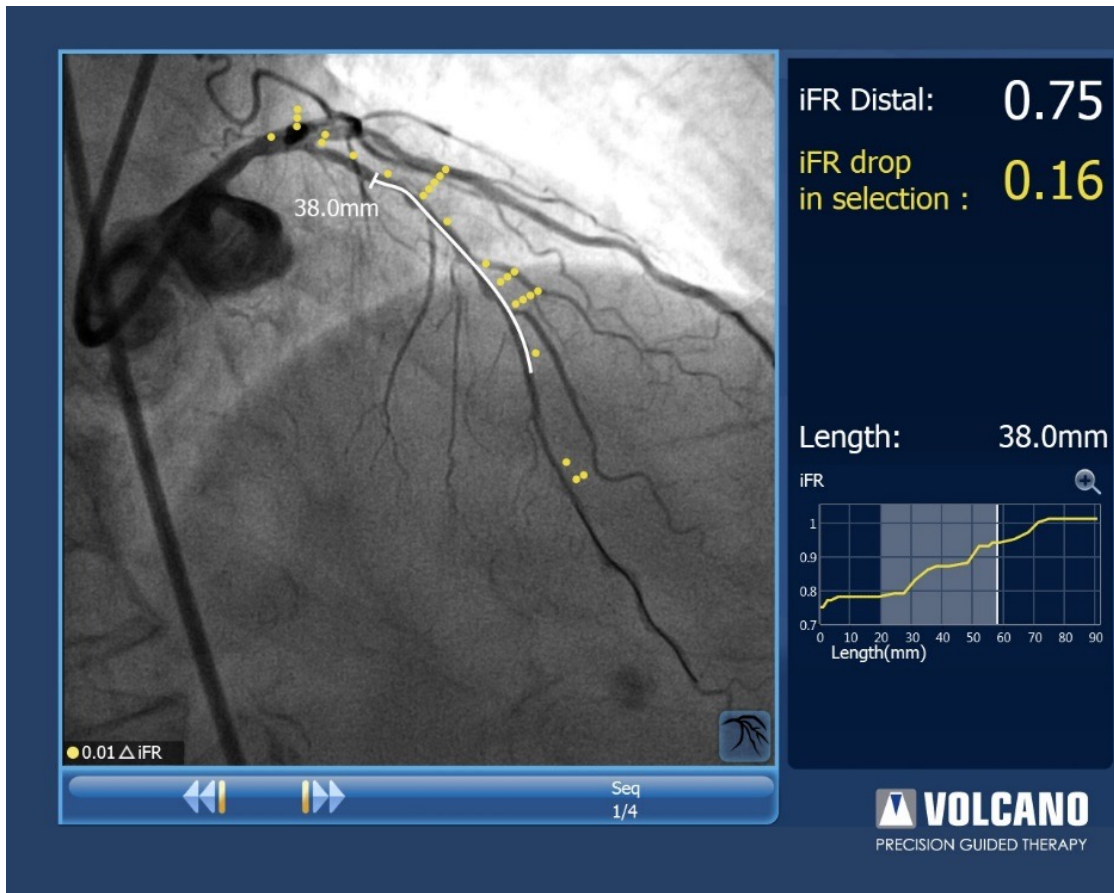




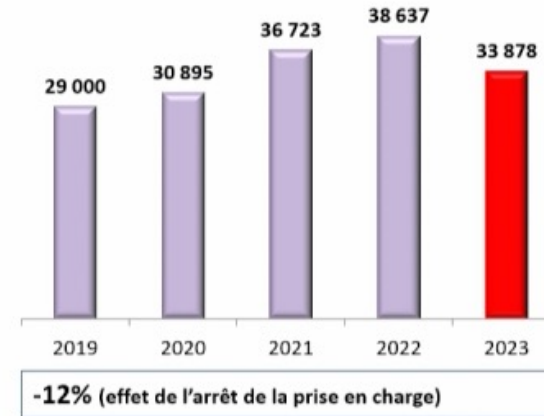
-  Pharmacological Hyperhemia
-  No Hyperhemia
-  Virtual Hyperhemia



Stenting Virtuel



UTILISATION FFR 2023



Source Enquête	
2022	2023
8.2%	5.5%

Utilisation FFR (tous actes)



La FFR il faut La FR

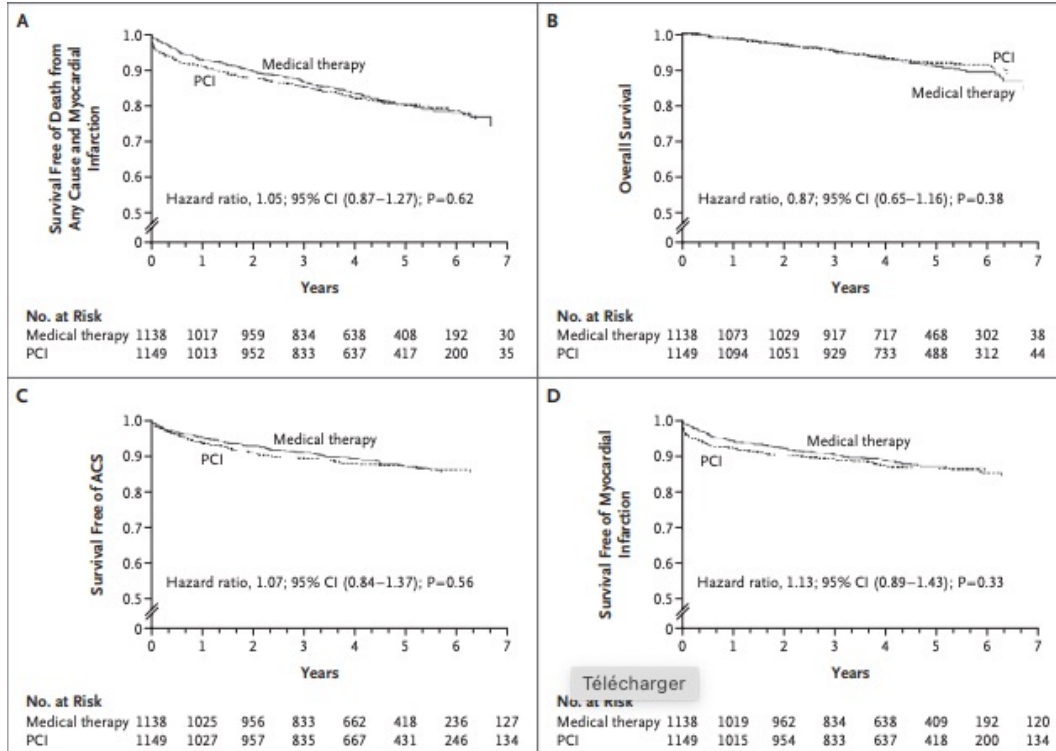
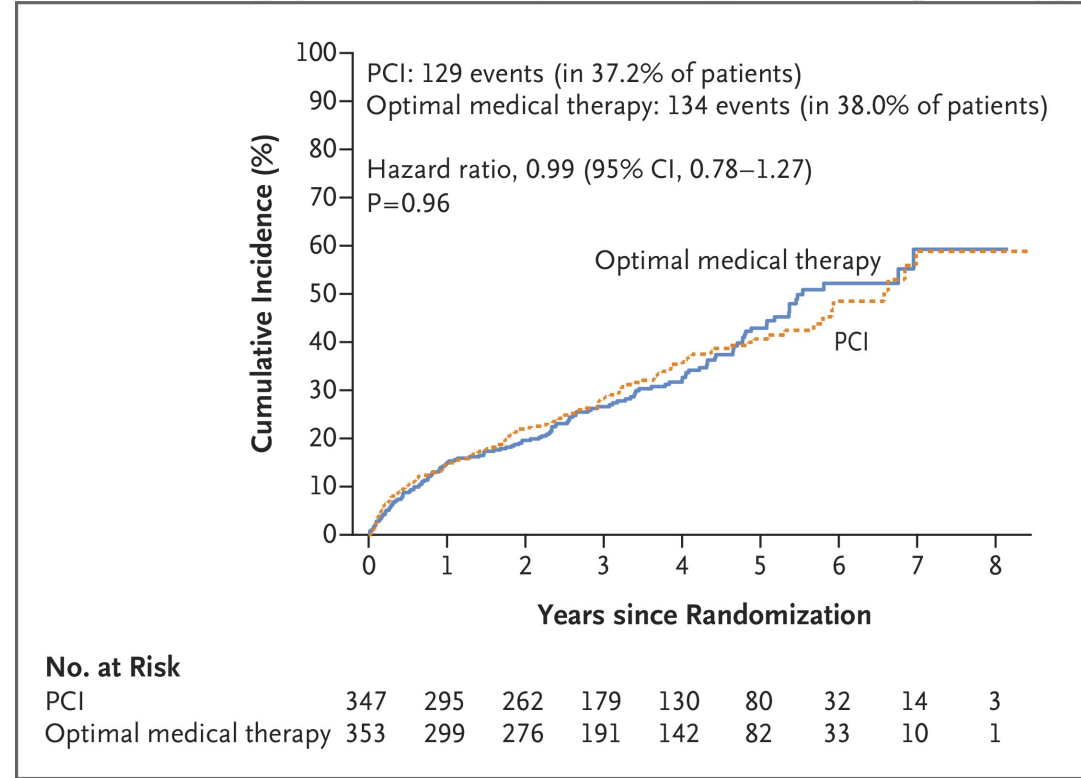


Figure 2. Kaplan–Meier Survival Curves.
 In Panel A, the estimated 4.6-year rate of the composite primary outcome of death from any cause and nonfatal myocardial infarction was 19.0% in the PCI group and 18.5% in the medical-therapy group. In Panel B, the estimated 4.6-year rate of death from any cause was 7.6% in the PCI group and 8.3% in the medical-therapy group. In Panel C, the estimated 4.6-year rate of hospitalization for acute coronary syndrome (ACS) was 12.4% in the PCI group and 11.8% in the medical-therapy group. In Panel D, the estimated 4.6-year rate of acute myocardial infarction was 13.2% in the PCI group and 12.3% in the medical-therapy group.



Perera D et al. N Engl J Med 2022;387:1351-1360



ORIGINAL ARTICLE

Low Diagnostic Yield of Elective Coronary Angiography

Manesh R. Patel, M.D., Eric D. Peterson, M.D., M.P.H., David Dai, M.S., J. Matthew Brennan, M.D., Rita F. Redberg, M.D., H. Vernon Anderson, M.D., Ralph G. Brindis, M.D., and Pamela S. Douglas, M.D.

NONINVASIVE TESTING

Noninvasive testing (resting electrocardiography, echocardiography, computed tomography [CT], or a stress test) was performed in 83.9% of the patients before invasive angiography. A positive test result was recorded in the case of 68.6% of all the patients in the cohort. A noninvasive test was not performed before angiography in 17.1% of low-risk patients, 15.9% of intermediate-risk patients, and 15.0% of high-risk patients ($P < 0.001$).

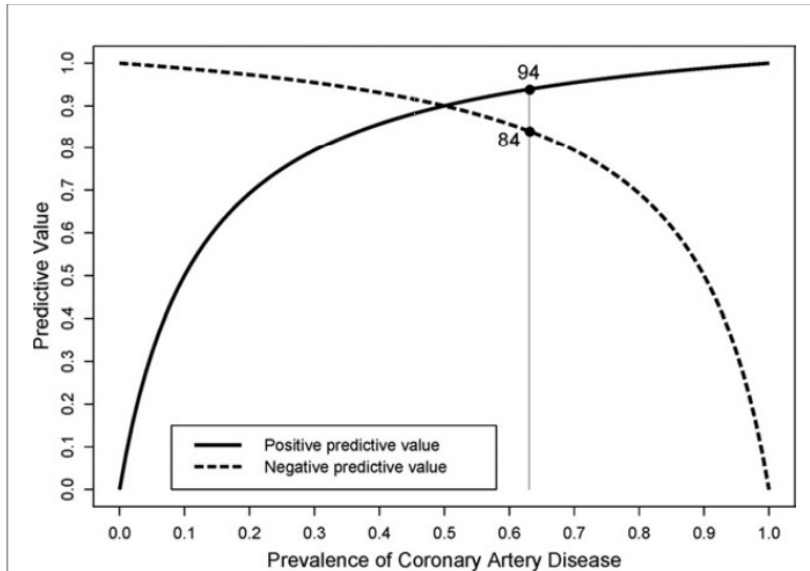


Figure 3 Predictive Values of a Diagnostic Test According to Disease Prevalence

Shown are positive predictive values (**solid line**) and negative predictive values (**dashed line**) as a function of disease prevalence, ranging from 0% to 100% for a diagnostic test with a sensitivity and specificity of 90%, chosen as arbitrary but typical values. The **reference line** indicates the disease prevalence observed in this study (63%). One can appreciate the large shifts in predictive values according to low versus high disease prevalence.



Table 3. Primary and Secondary End Points.*

End Point	PCI (N=151)		Placebo (N=150)		Odds Ratio or Difference (95% CI)†
	value	no. of patients with data	value	no. of patients with data	
Primary end point: angina symptom score — mean score‡	2.9	151	5.6	150	2.21 (1.41 to 3.47)§
Mean daily angina episodes — no.	0.3	151	0.7	150	3.44 (2.00 to 5.91)
Mean daily antianginal medication use — units¶	0.2	151	0.3	150	1.21 (0.70 to 2.10)
Secondary end points					
Mean treadmill exercise time — sec	700.9	123	641.4	112	59.5 (16.0 to 103.0)
CCS class — mean	0.9	147	1.7	146	3.76 (2.43 to 5.82)
End points assessed with the use of the SAQ					
Frequency of angina	80.6	146	66.2	145	14.4 (9.5 to 19.4)
Physical limitation	82.7	139	73.9	144	8.8 (4.7 to 12.9)
Angina stability	61.8	145	55.3	145	6.5 (0.5 to 12.5)
Quality of life	62.8	145	51.6	145	11.2 (6.2 to 16.1)
Freedom from angina	40	146	15	145	3.69 (2.10 to 6.46)
EQ-5D-5L descriptive system — mean score**	0.82	145	0.73	144	0.09 (0.05 to 0.13)
EQ-VAS — mean score**	73.1	146	66.9	143	6.2 (2.4 to 10.0)
Stress echocardiography score — mean score††	0.79	119	1.95	111	-1.17 (-1.56 to -0.78)

n engl j med 389;25 nejm.org December 21, 2023

